



**Dr. med. Jutta Mauermann**

# **FREQUENCY THERAPY**

**The researches of Hulda Clark and Raymond Rife,  
how to use the zapper, special frequency programs  
and accompanying recommendations from Homeopathy  
and Naturopathy**



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## Foreword

Frequency therapy with its wide range of applications is an enrichment to everybody. Anyone can use the zappers and frequency chip cards at home. In this booklet you will find a lot of frequency programs and guidelines for personal handling.

Therapists will benefit from these techniques and possibilities as well as laymen. Of course, frequency therapy is one of the most important techniques which is a must - because it can help so much without doing harm - when correctly applied.

More and more people are consciously taking responsibility for their own health. This has several reasons, among others: the development of new therapies and devices which are easy to handle and appropriate for the use by laymen.

I give you some tools how to help yourself with frequency therapy at the latest state of the art. Furthermore, I want to keep you updated with some of my health advises - together with classical therapies such as homeopathy, home remedies and colloids. All recommended remedies can be purchased in a pharmacy or at health stores/drug stores.

First I would like to explain the resonance principle and then introduce the pioneers of frequency therapy. The main section of the book is dedicated to the frequency chip cards which can be used at home with a suitable Zapper device. The Zapper sends a weak current through the body. Depending on the frequency, the Zapper can kill pathogens such as parasites, bacteria, viruses and fungi. In addition, there are many stimulating frequencies, e.g. for the activation of the immune system, supporting the excreting organs or stabilizing the psyche.

The frequency programs appear in alphabetical order - according to complaints, diseases and pathogens. After the detailed description of our chip cards you will find two more lists of chip cards developed by the therapists Alan Baklayan and Peter Schmalzl (under the heading "Other frequency chip cards"). Each list is in alphabetical order for its part.

I want to emphasize that the frequency therapy can **support** further therapies and measures but are not to be regarded as the only cure.

At the end I present three more techniques for home therapy which have turned out to be very healthful. I describe the BEMER vessel therapy as the **basis** for good health. When the blood flow in the microcirculation is good, then total health is good!

Minerals and trace elements should be taken in form of colloids. The colloidal form is the best to be absorbed by the body. This is very important, and numer-

ous positive effects have been known in connection with colloidal silver, gold, silicon, germanium, iron, etc.

The infrared mineral lamp allows an extremely diverse therapy that can be easily done at home. The lamp emits a special long-wave radiation penetrating deeply into our tissues. This causes the relief of symptoms and has many healing effects.

The book concludes with the description of the Zappicator which cleans food and can also be used to decontaminate the interference fields of the jaw. This therapy was initiated by Dr. Hulda Clark.

## The resonance principle

What is resonance? A certain vibration makes a resonant body swing. A well-known example is that when an opera singer sings a high C a glass shatters. Imagine watching television and radio: The waves emitted by the stations all radiate incessantly and around us. But we can only perceive them when the receiver is tuned to the right frequency.

The frequency therapy takes advantage of the resonance principle as follows: Every living being sends out vibrations in a certain range (biological radiation). This also applies to pathogens such as viruses, bacteria, parasites and fungi. When sending electrical currents into their range they are killed or severely damaged. The human body can successfully fight and exterminate them.

Example: the pathogen which causes Lyme disease is *Borrelia burgdorferi*. According to Hulda Clark its natural frequency is around 380.000 Hz. If you use a frequency generator or a Zapper at this frequency, these bacteria can be killed.

The user places two electrodes on the wrists or other body parts. Then he sets the frequency in the device which correlates to the natural frequency of the pathogen. The current is so weak that one can hardly feel it (below 10 milliAmperes).

Human beings are not harmed because the current is very weak. And the human bio-radiation is at 2,000-10,000 kilohertz (kHz) whereas the radiation of the pathogens is between 77 and 900 kHz. Frequencies that don't find resonance simply "fizzle out".

The proportions of frequencies/vibrations are:

- 1 Hertz (Hz) is defined as one oscillation per second.
- 1 kiloHertz (kHz) is one thousand oscillations per second.
- 1 MegaHertz (MHz) is one million vibrations per second.

Pretty fast, right? Compared to these our hearing organ is much slower: We only hear frequencies between 50 and 20,000 Hz.

The bio-radiation and the frequency therapy were discovered and developed by two great pioneers who I would like to introduce to you in the following chapter: Raymond Royal Rife and Hulda Clark.



## Pioneers of the frequency therapy

The scientist Dr. Royal Raymond Rife is one of the great geniuses of the last century. He developed a microscope in the twenties (with up to 30,000x magnification) and a highly efficient frequency therapy.

In 1934, the University of Southern California commissioned a research committee in the United States Department of Medicine, sixteen end-stage cancer patients from Pasadena County Hospital were brought to Rife's clinic lab in San Diego to be treated there. The team included physicians and pathologists who should examine the patients after 90 days of treatment, if they were still alive.

After three months of treatment, the committee noted fourteen fully recovered patients in its report. The treatment was changed now slightly and the remaining two were also healed during the following four weeks.

The low-cost cure for cancer did not meet with enthusiasm. Morris Fishbein, president of the American Medical Association and lobbyist of the pharmaceutical industry, wanted to buy Rife's discovery, but Rife refused.

This led to a series of tragic events: At the eve of a press conference concerning the results of the 1934 study, Milbank Johnson, who had a decade of experience with Rife's therapy, was heavily poisoned, and all his documents were "lost".

Rife's laboratory fell victim to arson and sabotage. A fire of the same kind also destroyed the Burnett Lab, which confirmed the success of the therapy. Dr. Nemes, who had published some excerpts from Rife's work, died through a mysterious fire. Rife himself was brought to justice under dubious accusations.

The doctors who treated according to his method were prohibited this form of treatment under threatening of losing their license. 1939 almost all members of the committee denied to ever have met Rife.

Royal Raymond Rife had originally developed a device that worked with a plasma tube. In the fifties he developed a new kind of frequency therapy device together with the technician John Grane, which sends electromagnetic resonance waves with electrodes placed on the body.

Just 10 years later, the American Medical Association also put an end to this therapy form. In 1960, John Grane's laboratory was searched without a judicial order, years of work were confiscated or destroyed. Though there were ample evidences for the effectiveness of the Rife-Grane therapy, however these were not admitted to the trial.

John Grane was sentenced to 10 years in prison, of which he actually spent three years behind bars. Royal Rife himself died in 1971 in Grossmont Hospital due

to an overdose of valium and alcohol. All clinical records of his work have been removed from the scientific documentation archives.

American biologist and biophysicist Hulda R. Clark found out independently after years of empirical research that the cause of numerous mild and severe diseases is a parasite infestation. Parasites live in us; absorbed by respiration, food intake or body contact. They consume our food and burden us with their harmful and allergy-causing degradation products. Besides, they are ideal hosts for bacteria, viruses and fungi. The parasites parasitize in our bodies in different stages (eggs, larvae, adults), but are often not recognized.

Hulda Clark, who died a few years ago, explains: the main reason for the alarming increase in parasite infestations are natural environmental toxins (such as mycotoxins) and chemical poisons (heavy metals, solvents, dyes, toxins from furniture and building materials). They allow the parasites to develop their different growth stages in the human body or in places where they don't belong.

An example: The large intestinal fluke *Fasciolopsis Buskii* normally lives in the intestine. If the organism is loaded with isopropyl alcohol, he nests also in the liver and can cause various forms of cancer. The isopropyl alcohol cannot be removed by the liver, as long as the mold poison Aflatoxin B is concentrated there.

Dr. Clark described these and many other links of poison- and parasite infestation detailed in her books. She developed a therapy with which the vicious circle of environmental pollution and parasite infestation can be broken and thoroughly cleanse your body.

In addition to a series of cleansing treatments developed for the intestines, kidneys and liver she improved the frequency therapy through her research and invented a device that can treat parasites in addition to viruses, bacteria and fungi with electronic treatment to such an extent that the human body can fight and excrete these on its own: the Zapper (see next chapter).

Given the fact that conventional medical parasite preparations can only kill one or two parasite species each and have numerous harmful side effects, Dr. Clark's therapy is a revolutionary method of self-healing. The initially unbelievable effect is used more and more by "cured" patients to finally find healing. Success has spoken far and wide because this method is so diverse and efficient to use.

Raymond Rife used a low frequency spectrum (1 to 10,000 Hz), Hulda Clark use a higher spectrum (60,000 to 900,000 Hz). Rife named single frequencies, while Clark indicates regions that match with the intrinsic vibrations of the pathogens. These are shown in her book "The Cure for all diseases". In addition, there are frequencies from Rife and his successors that are helpful against certain diseases or support certain organs.

Hulda Clark initially worked like Rife with generators, which could produce all of the pathogen frequencies. However, this was a lot of work, because she found a variety of pathogens in her patients. One day she made the discovery that she could treat the whole spectrum of parasites, bacteria, viruses and fungi with a fixed frequency between 20 and 40 kHz. So she developed the “Zapper”, which generates a shifted square wave in the electrically positive voltage range of about 30 kHz. It is not alternating current, but pulsating direct current. The program is running 3 times 7 minutes with a break of 20 minutes each.

However, this broadband effect is by no means as effective as the therapy with specific pathogen frequencies. The reason: the energy of the current of the 3 x 7-minute program spreads into the entire spectrum of the pathogens (each pathogen gets only a small part of the energy). For specific frequencies, on the other hand, all the energy hits exactly the selected pathogen.

Figuratively, one can imagine it this way: Specifically, a bullet hits the targeted pathogen. During the 3 x 7-minute program the Zapper functions like a shotgun discharge and distributes the energy to many pathogens. That's why the BW technology was developed: it combines the 3 x 7-minute Zapper and the therapy with specific frequencies.

## The chip card technology

A multi-frequency Zapper is a handy device that everyone can use to treat themselves at home but is also used by therapists. Apart from the 3x7-minutes program by Dr. Hulda Clark (which works at about 30 kHz), multi-frequency Zappers can generate all frequencies between 1 Hz and 2.5 million Hz (2.5 MegaHertz).

The frequencies are stored on small chip cards - like phone numbers in the mobile. The chip card is simply inserted into the Zapper, then the frequencies are launched automatically in succession - one after the other.

Each chip card stores a number of frequencies and is dedicated to a specific disease or a pathogen group. The chip card Teeth 1, for example, includes important bacteria frequencies by Dr. Hulda Clark: staphylococci, streptococci, clostridia, helicobacter, Escherichia coli, shigella, etc.

Usually you apply the whole program stored on a chip card. But you can also jump back and forth in the frequency sequence and select the frequencies you need.

Multi-frequency zappers like Diamond Shield can read and play all frequency chip cards specifically programmed. Frequency generators like Diamond Shield Professional can read and play all chip cards – and additionally you can create and save your own frequency programs, store them on an individual chip card and use this chip card with all Zappers. This function is especially interesting for therapists: they write an individual chip card for their patient who uses his frequency program at home daily.



**Frequency chip cards  
by Dr. Jutta Mauermann**



Frequency chip cards by Dr. Jutta Mauermann

### Content of the frequency chip card

10 frequencies for acne	30:00
Staphylococcus aureus 377–381 kHz	05:00
Propionibacterium acnes 384–389 kHz	06:00
Trichinella 404–405,5 kHz	04:00
<b>Total</b>	<b>45:00</b>

## Acne (AKN)

### Supporting measures

Please use the additional program, integrated in the Zapper: **SN/SNP** (BW), **Sch-M** (Diamond Shield). I also recommend in addition to the **Rife** chip card the smart card frequency **Skin (HT)**. These programs include frequencies that can also be helpful with acne.

Reduce animal fats as well as sugar and cow-milk products. **Colloidal silver** is helpful when sprayed in a concentration of 30 ppm on the skin and additionally ingested orally. Also **colloidal zinc and silicon** are recommended to be used with acne.

Avoid eating pork meat brings good results with acne.

# Allergies (ALG)

## Supporting measures

Please use two additional programs, integrated in the Zapper: **SN/SNP** and **SZ (BW)** or **Sch-M** and **Sz-M** (Diamond Shield). I also highly recommend the **Rife** chip card.

In the case of a fungal infection I also recommend the frequency chip cards **Fungi (PI)** and **Aspergillus (ASP)** and **Candida (CAN)**.

Food allergies are commonly considered primary; contact-, dust-, and pollen allergies as secondary. In my opinion allergies, resp. food intolerances almost always underlie a heavy metal contamination (Amalgam).

Have a test made if you are allergic to cows' milk- products, wheat (gluten), chicken egg white and strictly avoid these products.

A zinc deficiency often causes allergies and is widespread in the population. Colloidal zinc helps to regulate the immune system.

Zinc also acts directly anti-allergic as it inhibits the release of messengers after contact with the allergen. A heavy metal test is recommended. In case of contamination a heavy metal detoxification is necessary.

I recommend the classic detoxification according to Dr. med. Dietrich Klinghardt (with wild garlic, coriander and algae).

Perform an alkaline treatment and pay attention to a strict alkaline diet.

Avoid pork and perform liver cleanse (according to Dr. Hulda Clark).

Because allergy-inducing parasites are transmitted by pets to humans, it is obvious to also perform the parasite cleanse with pets. (Zapping and parasite herbs).

Hulda Clark's parasite cure consists of two components: zapping and taking of parasite cleanse (see chapter "General notes on frequency therapy"- page 108).

Content of the frequency chip card	
1 frequency against Fasciola hepatica	02:00
4 frequencies against Strongyloides	08:00
5 frequencies Allergies in general	13:00
4 frequencies against Food allergies	08:00
Salmonellae 329 kHz, 365 – 370 kHz, 382,5 – 386,5 kHz, 355, 390 kHz	10:30
Strongyloides 398,5 – 402 kHz	05:00
Ascaris 404 – 409 kHz	06:00
Pseudomonas, Clonorchis sinensis, Eurytrema pancreaticum 421–430 kHz	10:00
<b>Total</b>	<b>62:30</b>

## hay fever

- in case of severe, acute complaints: Allopathic therapy, eg. *VIVIDRIN*, *XUSAL*, *ALLERGODIL*. Every year new products are introduced to the market
- as gentler alternatives for a longer-term treatment: homeopathic *HISTAMINUM HYDROCHLORICUM* in potency C200 (once per week 5 globuli) and acupuncture treatments for allergy.
- In the case of sore eyes due to allergic rhinitis (Conjunctiva - Conjunctivitis) use the frequency chip card Eyes (AUG) with the supporting conjunctivitis-frequencies. Also take **colloidal silver** - directly into the eyes and orally. An intestinal cleansing may be helpful (Colon-Hydro-Therapy). Marigold tea is also good against Ascaris.

# Alzheimer's 1 and Alzheimer's 2 (ALZ-1 and ALZ-2 )

Alzheimer's disease is the most common form of dementia (60%) and, as in all its different forms, causes damage to the material structure of the brain. Dementia is that prominent symptom of this disease (see chip card **Dementia**). Further symptoms, such as perceptual disorder, may appear. As in many other diseases, the causes emerge long before the outbreak of the disease. It would take too much time to go into all details.

## Different causes

The rapid increase of dementia, in particular Alzheimer's, is due to the longer life expectancy. The probability of developing it, increases with each year of life. Lifestyle and diet as well as the genetic predisposition - estimated to be approx. 30% - also play a great roll.

Risk factors include diabetes, high cholesterol values, high blood pressure and suffered strokes and skull brain trauma.

Several studies have shown a relation to aluminium in the brain. Avoid using aluminum pots and pans, coffee pots, sheets, foil or other sources of aluminum. Contact a therapists specialized in chelation therapy to discharge aluminum out of your body through your head.

As an alternative I suggest to make an appointment with a naturopathic therapist, who is familiar in treading with Nosodes.

Further preventive measurements against Alzheimer are:

- sufficient exercise, healthy diet
- intake of antioxidants, B vitamins and green tea
- Apples, turmeric and wheat germ extract (Poliamine)
- Omega-3 fatty acids, for example (through) twice-weekly fish
- Taking care of liver

### Content of the frequency chip card ALZ-1

21 frequencies against Alzheimer's	57:00
<b>Total</b>	<b>57:00</b>

### Content of the frequency chip card ALZ-2

2 frequencies against Aflatoxin (Clark)	06:00
1 frequency Ergot (Clark)	03:00
4 frequencies against Echinostoma revolutum (Clark)	04:00
10 frequencies against Alzheimer's	23:00
<b>Total</b>	<b>36:00</b>

- give up smoking
- only 4 cups of coffee daily
- high blood pressure needs to be treated
- train the brain, educate yourself - be inquisitive

## The 7 warning signs of the National Institute of Aging

(Source: Wikipedia)

The patient

1. keeps repeating the same questions over and over again.
2. repeatedly tells the same short story.
3. no longer knows how to perform daily chores such as cooking, playing cards or using the remote tv control,
4. has lost the ability to deal with money, bank transfers, bills and similar functions
5. no longer finds items or puts them in unusual places (unintentional hiding) and suspects other as having deliberately taken them.
6. persistently neglects its appearance, however, denies this.
7. answers questions by repeating the question posed to him.

Be aware: these symptoms may also have another background such normal forgetfulness in old age. This should be cleared up in a differential-diagnostic.

## Therapy

In case of Alzheimer's use the frequency chip card **Dementia** in conjunction with the **Alzheimer's-1** and **Alzheimer's-2** frequency chip cards - DEM day 1, ALZ1 day 2, ALZ2 day 3 and on the fourth day a break. On the 5th day one or two of the additional recommended frequency chip cards may be used - description follows.

If you use the chip card **Dementia** in addition to the Alzheimer's chip cards skip the last 9 frequencies ("senile dementia 1-9"), because these frequencies are already programmed in **Alzheimer's-2** chip card.

According to Dr. Hulda Clark Shigella plays an important roll in connection with Alzheimer disease. Therefore also use in addition to the two Alzheimer's chip cards chip card **Shigella**. Dr. Clark recommends to use it before going to bed. It is not necessary to do this on a daily basis but at least once a week.

Dr. Hulda Clark states that parasites find access to the brain by using the solvents toluene and xylene. One finds these solvents in soft drinks and decaffeinated powders and they play a major role in developing Alzheimer. Avoid these

drinks. In addition activate chip card “4 large leeches” once or twice a week to kill the most important flukes.

At this point, I would also like to draw your attention to the **Neurotransmitter’s** frequency program by Peter Schmalzl. The thinking capacity is much better when the neurotransmitters function properly.

Molds often cause unnoticed mischief, especially in the brain. Make sure that your home is mold-free and avoid eating food that might be mold infected. Sprinkle **Vitamine C-Powder** over all cereals - the low-priced **Ascorbic acid** is sufficient, also use the frequency chip cards **Fungi** and **Aspergillus**.

Following hygienic measure are recommended in the environment of an Alzheimer’s patients because spores of molds are found mainly in housedust:

- Vacuum all surfaces in the House.
- Wipe the dust with a moist cloths, with a mixture of water and vinegar essence (a shot vinegar essence to ¼ liter of water). Wipe over all surfaces, books, pictures, window sills and walls.
- Shampoo you carpets. Not fixed carpets can be taken outdoor for carpet beating.

Alzheimer can be enhanced not only by aluminum but also through heavy metals. I also recommend a heavy metal detoxification according to Klinghardt with wild **garlic**, **coriander** and **algae**. Support the liver by taking a suitable liver herbal tincture. The brain is less burdened with toxins when the liver is detoxified properly. The frequency chip card **Detox** and electrolytic Detox foot baths are also highly recommended.

The capacity of the brain to think depends upon the nutrients but above all on a good oxygen supply. Hulda Clark wrote: “One could compare this with a pocket calculator using weak batteries. You get wrong results, without being aware of it.” (“The Cure for all deseases” P. 326)

Here are some effective remedies that activate the brain function stimulated by better oxygen supply:

- Liquid oxygen
- Colloidal gold
- Ginkgo biloba
- Increase the hemoglobin level by intake of iron, preferably in colloidal form
- The physical vascular therapy by BEMER stimulates the micro-circulation in the whole body. This therapy can be performed at home on a daily basis. It is of such importance that I dedicated a

- separate chapter to this subject (page 114).

In addition, you can improve the oxygen supply through following measures:

- Expansion of blood vessels, for example through coffee
- Increase in blood pressure if it is low
- Deep breathing of clean air



# Anxiety (ANX)

This psychological condition has a very wide range, from temporary, concrete fear up to deep-seated anxiety disorder. Modern psychology has found that ultimately, all feelings are based on love and fear. Fear as an antipode to love often prevents love because people act out of fear and without love.

Fear has an evolutionary legitimacy: it saved us from dangerous attacks in dangerous times. Today, however, we live safe in Europe, so that most of us are spoiled and paralyzed by our fear instead of being saved. So fear is not a disease but a natural part of life. Much like anger and aggression it counts to the „socially unauthorized feelings“.

One differentiates ANXIETY from a specific object or a situation where as FEAR is as feeling without any object or reason.

The increasing anxiety spectrum by Siegbert Warwitz differentiates even more distinctly:

- simple insecurity (shyness)
- compulsion (washing compulsion, control compulsion, compulsion of cleaning, etc.)
- fear (of injury, failure, to tie to somebody, etc.)
- phobia (claustrophobia, agoraphobia, arachnophobia, etc.)
- panic (panic attacks, shock rigidity)
- psychosis (paranoia, anxiety psychosis, etc.)

A certain fear can drop down the scale - getting worse. For example, fear of flying starts as uncertainty and increases to sheer panic.

The ANX frequency program is not a substitute for psychotherapeutic measures or medical treatment. But you can also use it in all forms of anxiety. Contact a doctor and psychologist therapists if you suffer from recurring anxiety.

Content of the frequency chip card	
16 frequencies for fear/anxiety	52:00
<b>Total</b>	<b>52:00</b>

In addition use the frequency chip cards EM-A (Emotional Compensation) and NEURO (neurotransmitters). Frequency programs stabilizing the meridian system can also be helpful:

- Golden Stream
- Golden Harmony
- Diamond Shield

The topic of fear is a very broad field and, therefore, unable to be discussed in this context. Much literature can be found on this subject.

I would like to give you the following recommendations:

- There is a whole group of Bach flowers for various anxiety phenomena. Each plant helps with another form of anxiety. I personally like the book “Dr. Edward Bach. Heal yourself: The 38 Bach Flowers” from the Goldmann publishing company.
- The Australian and Californian flowers are also very good: Which?
- Watch for signs of fear because they may want to tell you something important.
- You can learn a proven relaxation method in order to counteract anxiety since fear paralyzes and cramps.
- In case of emergency the remedy Anxiovita is a veritable “fear killer”.

### **Anxiety Acupressure:**

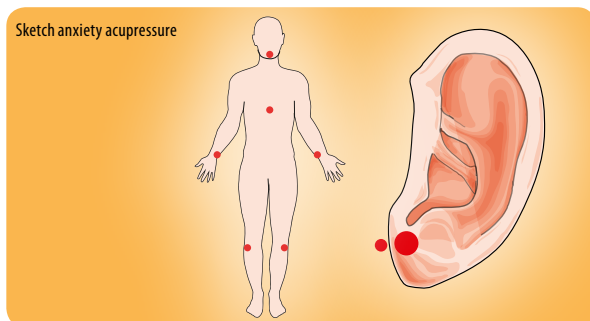
In cases of undefined anxiety disorder, acupressure is helpful by pressing or rubbing following points with the fingertip three times a day for 30 seconds:

1. Stomach 36: Under the kneecaps, slightly laterally outward, in the hollow (both sides)
2. KG 15: At the bottom of the sternum
3. Between KG 23 and 24: chin tip
4. Heart 7: Inner wrist, on the side of the little finger, just below the round bones (pea bone, both sides)
5. Two points on the front edge of the earlobe (both sides)
6. The valium-analog point “kidney 6”, which lies in front of the ear, and although in the extension of the cheekbone (between the cheekbones and the ear).

By acute anxiety you can always use the tapping acupressure from the chinese medicine (extended):

1. Tap the whole body once - with the palm of your hand or the fists

2. Shake the whole body once: hands, arms, shoulders, pelvis, legs, head
3. Tap with all fingertips the following body parts. Always at the same time left and right in rhythm of your heartbeat - every point for about 30 seconds:
  - Vertex
  - Temples
  - Eyebrows
  - Approach of the skull bone at the back of the head
  - Next to the nose
  - Under the nose
  - Chin tip
  - Liver area
4. Massage yourself vigorously with your fingers
  - In front of the ears
  - The muscle and skin flap between thumb and forefinger
  - Analogously between the first and second toe



5. Rub circular with the insides of the fists over the kidneys
6. Now tap the following areas of the body with your fists, always with both fists at the same time:
  - Trapezius muscle (between neck and shoulders)
  - Upper arms
  - Sternum
  - Pectoral muscles under the clavicle
  - Pomusculature next to the coccyx
  - Iliac crest
  - Thighs outside
  - Afford
  - Posterior
  - 36 times the acupuncture point “stomach 36”, which is located below the knees, on the outside of muscles next to the splint legs

7. Rub your knees to the right and left of the kneecaps
8. Gently stroke your body with the palm of your hand.
9. Hold your index fingers and thumb firmly. Take time for it and imagine with eyes closed, that with each breath you take you breathe in confidence and trust (e.g. apex from above) and while exhaling you release fear and tension (e.g. over the feet).
10. You can also go into your HARA with your consciousness. The area is 5 cm below the belly button. It is the center, the center of our power.

Fear can be so terrible and life-restricting. I would like to pass on some tips from my own experience:

- Pounding and screaming is effective
- Dancing and singing are real fear killers
- Use of our imagination: Imagine how you bring your fear to the train and see it drive away; or how you lock it into a safe.
- Watch the clouds
- Write down what goes through your mind

# Arthritis-Rheumatism-Fibromyalgia (ARF)

Interestingly, these three diseases are based on the same parasitic burdens.

## Supportive measures

I also recommend two chip cards that contain frequencies against pathogens that can also play a role in the nature of arthritis, rheumatism and fibromyalgia: **Teeth 1 (ZÄ1)** and **Bones (KNO)**. The chip card **Detox (DTX)** supports the excretory organs. Please also use two programs that are integrated in the Zapper: **SN/SNP** and **SZ (BW)** or **Sch-M** and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card. In case of pain, the frequency chip card **Pain (PAI)** is useful.

Especially in this area, magnetic field therapy is very useful. There are successful studies on the topics of arthritis, osteoarthritis, osteoarthritis, rheumatism, joint pain, fibromyalgia. You can also perform this therapy at home, both for symptom relief and for healing (see chapter “BEMER therapy” - page 114).

I also recommend the removal and discharge of amalgam, phenols, and toluene/xylene. Perform a heavy metal detoxification when burdened. It's recommendable to perform the classic detoxification according to Dr. med. Klinghardt: with wild garlic, coriander and algae.

Rheumatic complaints can be treated with the **infrared mineral lamp** (see the same chapter - page 118). Also, the intake of **colloidal gold** can be helpful.

Arthritis can be caused by selenium deficiency; **Selenium** (best in colloidal form) is an important “scavenger” of free radicals.

For osteoarthritis patients: As an alternative I recommend the herbal pain reliever Litozin, a powder of wild rosehip. Tagetes tea has proved its worth against Ascarids.

Content of the frequency chip card	
4 frequencies against rheumatism and arthritis	08:00
6 frequencies against Yersinia & Strongyloids	06:00
1 frequency against Ureaplasma	02:00
4 frequencies against chlamydia	04:00
2 frequencies against Trichinella spiralis	04:00
Proteus mirabilis I 321 – 326 kHz	03:00
Proteus mirabilis II Mycoplasma pneumoniae 343 – 352 kHz	05:00
Chlamydia trachomatis, Ancylostoma (Hookworm), Trichuris, Strongyloids, Trichinella spiralis, Ascaris 380–409 kHz	15:00
Echinostoma revolutum 425,5 – 429,5 kHz	05:00
<b>Total</b>	<b>52:00</b>

### Content of the frequency chip card

21 frequencies against streptococci	13:00
8 frequencies against staphylococci	05:30
8 frequencies against salmonella	08:00
5 frequencies against chlamydia	05:00
4 frequencies against pneumococci	04:00
3 frequencies against Haemophilus influenzae	03:00
5 frequencies against Bordetella pertussis	05:00
2 frequencies against Klebsiella	02:00
2 frequencies against Pseudomonas aer.	02:00
2 frequencies against Neisseria gonorrhoea	02:00
4 frequencies against Escherichia coli, Nocardia, Corynebacterium dipht., gardnerella	04:00
<b>Total</b>	<b>53:30</b>

## Bacteria (BAK)

### Supportive measures

I additionally recommend the frequency chip cards **Teeth 1 (ZÄ1)** and **lung bronchi (LU)**, which include the important bacterial frequencies from dr. Hulda Clark.

Against bacteria also **colloidal silver** and **acidic ion water** can be helpful.

# Bladder-prostate (BP)

## Supportive measures

I also recommend two frequency chip cards in addition, which contain frequencies against pathogens, which can also play a role in the range of bladder / urinary tract and prostate:

- **Lung - bronchi (LU)**  
Mycoplasma pneumoniae, Pseudomonas, Chlamydia, Hookworms, Haemophilus influenzae, Klebsiella and pneumococci
- **Endometriosis (EN)** - also relevant for men  
Gardnerella, Proteus vulgaris, Salmonella, Chlamydia trachomatis, trichomonads, schistosomes, pinworms (Enterobiasis)

In case of pain, the frequency chip card **Pain (PAI)** can be used. In some cases, the frequency chip card **Herpes (HE)** might be helpful.

Please also use two programs in addition which are integrated in the Zapper: **SN/SNP** and **SZ (BW)** or **Sch-M** and **Sz-M (Diamond Shield)**. These programs contain frequencies that can also be helpful for bladder and prostate.

In addition, I recommend the oral intake of **colloidal Silver**.

For bladder problems it is important to keep your feet warm (hand-knitted wool socks). Ascending foot baths after pastor Kneipp or Schiele-foot baths support the blood circulation.

Content of the frequency chip card	
5 frequencies against Taenia, Yersinia, Listeria	05:00
3 frequencies against gonorrhea and ureaplasma	03:00
17 frequencies against prostatitis	17:00
10 frequencies against Streptococcus faecalis	05:00
Neisseria gonorrhoeae 334–336,5 kHz	06:00
Helicobacter I, Nocardia I 352–357 kHz	06:00
Helicobacter II, Nocardia II 363,5–370,5 kHz	08:00
Chlamydia trachomatis 380–383 kHz	04:00
Escherichia coli 392–393 kHz	03:00
Taenia pisiformis I 465–470 kHz	03:00
Taenia pisiformis II 475–482 kHz	04:00
<b>Total</b>	<b>64:00</b>

Content of the frequency chip card	
6 frequencies for the bones	13:00
3 frequencies against Ostitis (Kn. Inflammation)	05:00
7 frequencies against Spondylitis (vertebral inflammation)	11:00
6 frequencies against pelvic problems	13:00
3 frequencies for the bone marrow (Osteomyelitis, osteomyeloclerosis)	04:00
6 frequencies against Joint illnesses	12:00
<b>Total</b>	<b>58:00</b>

## Bones (KNO)

### Supportive measures

Please also use two programs integrated in the Zapper: **SN/SNP** and **SZ** (BW) or **Sch-M** and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card. These programs contain frequencies which are also helpful for bone diseases and for the bones.

According to Dr. Hulda Clark joint pain also goes back to bacterial infestations. Therefore use the frequency chip cards **Teeth 1 (ZÄ1)** and **Bacteria (BAK)** in addition. In case of pain the frequency chip card **Pain (PAI)** is also useful.

**Acidic ionic water** can dissolve crystal deposits and thus reduce the pain in the joints that is caused by crystals.

For joint inflammation, I recommend the application of the **infrared mineral lamp** (see the same named Chapter - page 118). For inflammation and pain in the bones and joints the **BEMER therapy** proves extremely helpful (see the same chapter - Page 114).

**Colloidal silicon** is an important building nutrient for skin, hair, nails and bones. It increases the strength and elasticity of the bones and thus prevents osteoarthritis and osteoporosis. The same applies to the trace element **manganese** (in colloidal form). Copper takes care of the structure and elasticity of bones, ligaments, connective tissues, blood vessels and cartilage.



# Brain (GEH)

## Supportive measures

Because the brain is part of the central nervous system, we additionally recommend the use of the frequency chip card **Nerves (NERV)**. For depression, I recommend the same named frequency chip card (**DP**).

**Colloidal gold** increases the performance of the brain and thus also all senses. The brain is better supplied with blood, the ability to concentrate increases; colloidal gold also helps against panic attacks and the associated consecutive symptoms such as insomnia, nervous heart problems, gastrointestinal problems, back pain or dizziness.

Stress and nervous restlessness are alleviated by the following homeopathic remedies which you can take:

- Nervoheel
- Neurodorone
- Neurexan
- Anxiovita of Rubimed  
proven in panic feelings

Content of the frequency chip card	
8 frequencies against mental disorders	24:00
salmonellae 329, 366, 367, 383 kHz	11:00
Ancylostoma 385 kHz	02:00
Toxoplasma 395 kHz	03:00
Strongyloides 400 kHz	03:00
Salmonella typhimurium 355, 390 kHz	04:00
Shigella flexneri 394 kHz	03:00
<b>Total</b>	<b>50:00</b>

Content of the frequency chip card	
5 frequencies against Whooping cough (diphtheria): 46, 526, 765, 776, 832	02:30
9 frequencies against mumps: 242, 428, 516, 642, 922, 2489, 2630, 2720, 3142	04:30
3 frequencies against chickenpox: 345, 668, 716	03:00
5 frequencies against rubella: 431, 467, 517, 520, 1489	05:00
2 frequencies against scarlet fever: 666, 690	02:00
3 frequencies against polio: 742, 1580, 2632	03:00
Bordetella pertussis 330–332 kHz	05:00
Corynebacterium diphter. 340–344 kHz	05:00
Diplococcus diphteriae 358–364 kHz	07:00
Measles antigen 370–373 kHz	04:00
Mumps antigen 378–384 kHz	07:00
<b>Total</b>	<b>48:00</b>

## Children diseases (KK)

### Supportive measures

Apply only the frequencies of that you want to treat. Skip the other frequencies. Do not let the whole chip card run through.

I also recommend two frequency chip cards, which contain the frequencies against pathogens, which can also play a role in the region of children diseases:

- **Teeth 1 (ZÄ1)**  
(Streptococcus haemolyticus) for scarlet fever
- **EBV (Epstein-Barr virus)**  
for dysentery glandular fever

Please also use two programs integrated in the Zapper: **SN/SNP** and **SZ** (BW) or **Sch-M** and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card.

Generally, you should only use one frequency chip card per day and later on the same day (before twilight) the Clark's 3x7 minute program. For kids, this can be too much zapping for a day. Therefore use the frequency chip card CHILDREN DISEASES (KK) on the 1st day and the 3x7 minute program on the second day, and so on.

To support the detoxification I recommend homeopathic Globuli *Sulfur* D6: 3 times daily 5 globules

# Chronic Fatigue Syndrome (CFS)

## Supportive measures

Because of the multitude of possible causative agents, their frequencies do not all fit on one chip card. I strongly recommend the additional use of the chip cards **viruses (VI)** and **Epstein-Barr virus (EBV)** (contains frequencies against cytomegalovirus, coxsackie and Epstein-Barr viruses which are associated with CFS). Please always use the chip card **sequence of emotions (FvE)** before the CFS chip card.

The chronic fatigue syndrome is also associated with other viruses (Human Herpes virus 6, XMRV), for which no frequencies are known yet. Therefore, use the frequency chip card **Immunostimulatio (ImVir)** as well against viruses.

Against viruses you can take Cystus tablets or Frankincense oil.

**Colloidal gold** is known to increase vitality and improves the mental mood and may be taken for a while as a symptom treatment.

For chronic fatigue, I also recommend the application of the infrared mineral lamp (see the same name Chapter - page 118).

A **heavy metal load** can be a factor for CFS. Be prepared for any existing heavy metal load test. Then do the heavy metal detoxification according to Dr. med. Klinghardt: with wild garlic, coriander and algae.

### Content of the frequency chip card

22 frequencies against CFS	47:00
<b>Total</b>	<b>47:00</b>

### Content of the frequency chip card

10 frequencies against dementia	27:00
3 frequencies against vascular dementia	07:00
9 frequencies against senile dementia	27:00
<b>Total</b>	<b>61:00</b>

## Dementia (DEM)

There are numerous forms of dementia, which are all based on a change of the brain. The thinking is impaired. At the beginning of the disease short-term memory and memory fails, and then the orientation ability. Later also the long-term memory can fail, so that the person continuously loses all the skills and knowledge acquired during the course of life.

Dementia usually occurs after the age of 60 years. The likelihood of an outbreak of the disease increases with age. Among the 65-69 year olds the proportion of the population is 1.2%, among the 85-89 year olds is almost 24%. 1.3 million people in Germany are suffering from dementia. This number will double-up in the year 2050, which is mainly because people are getting older and older.

There is a difference between primary and secondary dementias. Primary as in Alzheimer's dementias shows a change in the brain. Secondary dementias have deficiency symptoms, injuries or intoxications (such as alcohol and drug). In this case the progression of the disease can be slowed down and even stopped.

Hulda Clark wrote a text worth reading in her book „The Cure for all diseases“ (P. 318 ff.): The morbid forgetfulness is not necessarily linked to aging, but it is caused by poisoning. The liver may be the key because with growing age it works and detoxifies worse. If the liver degrades toxins worse, they remain in the body and damage the organs, including the brain. According to Dr. Clark the so-called “senile dementia” can be even reversed.

The most common form of dementia is Alzheimer's disease (about 50-60% of the cases). Therefore, more informations and recommendations are in the chapter ALZHEIMER (page 21). Everything written there also applies to the others forms of dementia.

For Alzheimer's use the frequency chip card **Dementia** in interaction with the frequency chip cards **Alzheimer-1** and **Alzheimer-2**. On the 1st day DEM, on the second day ALZ-1, on the third day ALZ-2 and a break on the fourth

day. On the 5th day you can apply one or two of the additionally recommended frequency chip cards . Then the cycle starts all over again.

Another common form is the vascular dementia caused by minor strokes in the brain (about 20%).

Content of the frequency chip card	
6 frequencies against depression	12:00
5 frequencies against strongyloids	05:00
2 frequencies against <i>Trichinella spiralis</i>	02:00
<i>Proteus mirabilis</i> 1 321–326 kHz	03:00
<i>Proteus mirabilis</i> 2 346–352 kHz	03:30
<i>Ancylostoma</i> , <i>Shigella flexneri</i> , <i>Trichuris</i> , <i>Strongyloiden</i> , <i>Trichinella spiralis</i> , <i>Ascaris</i> 380–409 kHz	29:00
<b>Total</b>	<b>54:30</b>

## Depression (DP)

### Supportive measures

There are several forms of depression, including: exogenous (triggered by external events) and endogenous (originated from within). The frequencies in this chip card can only support other therapies to get a better grip on the depression and breaking its vicious circle. The symptoms are loss of feeling and a certain lethargy shows up, having no power to do anything, like sports as it is often an antidote to depression. The frequency chip card Neurotransmitter (Neuro) supports the communication between the brain cells, which is lacking in depression (see page 105).

In any case, I strongly recommend psychiatric and psychotherapeutic support. The taking of herbal St. John's-wort-preparation can be helpful. It increases photosensitivity, in this case avoid extreme solar radiation.

The intake of **colloidal gold** also helps. It increases the performance of the brain and thus of all the senses. The brain is better supplied with blood, the concentration of ability improves; **Colloidal gold** also helps against panic attacks and the associated consequences like insomnia, nervous heart problems, problems in the gastrointestinal area, back pain or dizziness.

Also, **colloidal lithium and manganese** have been successful in treating depression and depressive moods. It is important to avoid chlorine, which can be used in water treatment plants where the tap water becomes disinfected. Recommended is an activated carbon filter system, with which one cleans the drinking water of chlorine.

After contact with feces or the toilet one should clean hands with 70% clean ethyl alcohol (especially under nails), available at the pharmacy (if you get only 96% ethanol, mix 2 parts of it with 1 part tap water). This is especially useful in a spray bottle.

Drain Shigella with Kurkuma and fennel capsules, take 2 capsules 2-3 times with the meal. And avoid a new infection with Shigellen, by placing milk products on the **zappicator**.

Tagetes tea helps against ascarids. Do a liver cleansing (Dr. Hulda Clark or alternatively Ayurveda).

Content of the frequency chip card	
5 frequencies against Chlamydia pneumoniae	05:00
4 frequencies against Aspergillus	04:00
2 frequencies against Nocardia asteroides, Branhamella catarrhalis	04:00
3 frequencies for lymphatic glands	06:00
3 frequencies against Epstein-Barr virus	03:00
6 frequencies against Neisseria gonorrhoeae	06:00
Neisseria gonorrhoeae 334–336,5 kHz	03:00
Gaffkya tetragena 345–352,5 kHz	04:00
Nocardia asteroides I 355 kHz	03:00
Nocardia asteroides II 364–370 kHz	03:30
Epstein-Barr virus 372,5–382,5 kHz	05:30
Branhamella catarrhalis 395–396,5 kHz	04:00
<b>Total</b>	<b>51:00</b>

## Ear, nose and throat 1 (HNO1)

Against pathogens in the ENT region.

### Supportive measures

An ENT disease can be triggered by a tooth interference field, especially with adults and in particular, if it keeps coming back. Tooth interference field means that bacteria are trapped deep in the jaw. Often this is not even visible on the dental X-ray and must be tested bioenergetically (see chapter “The Zappicator” page 119 - and frequency chip card teeth 1 - page 87). From these bacterial herds continuously emit bacteria into the whole body (see chapter “The Zappicator” page 119).

That’s why I also recommend the frequency chip card **Teeth 1 (ZÄ1)** with important bacterial frequencies from Hulda Clark and the chip card **Bacteria (BAK)**. This is also includes the treatment with the **Zappicator**.

I also recommend the frequency chip card **HNO2** which contains the frequencies against inflammation in the ear, nose and throat area.

Very well proven in the ENT region is the intake of **colloidal silver**, both orally and directly into the nose.



## Ear, nose and throat 2 (HNO2)

For inflammation in the ENT region.

### Supportive measures

For all ENT complaints, run the whole chip card because the frequencies partially overlap.

Since middle ear inflammation and suppuration are also caused by streptococci and staphylococci I strongly recommend the application of the chip card **Teeth 1 (ZÄ1)** in addition, which contains frequencies against the various Streptococcal and staphylococcal types.

Please additionally use two programs integrated in the Zapper: **SN/SNP** and **SZ (BW)** or **Sch-M** and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card. In case of pain, the frequency chip card **Pain (PAI)**.

In case of sinusitis I advise the ampoules from the company Heel “Periodontosis Injeel”. Take them twice a week, leave the contents of an ampoule in the mouth for two minutes, then swallow it.

A dentist who can also test bioenergetically (e.g. with EAV - electro-acupuncture according to Voll), should control whether interference fields of the teeth exist. These are often not detected by x-rays and can exist many years after a tooth extraction. Such interference fields are true “bacteria-spins”.

Use oregano toothpaste to clean the teeth. This kills certain highly toxic bacteria (e.g. chlostridia) or weakens it. Be diligent in dental care, also keep the gaps and the gingival pockets clean (use interdental brushes and salvia galen tincture). Change the toothbrush every 4 weeks.

With the chip card **Detox (DTX)** the detoxification can be supported. Use the frequency chip card **Candida (CAN)** aimed against the intestinal fungus, which often plays a role in ENT complaints.

I may recommend the frequency chip card **ENT1** which contains more Rife and Clark frequencies for the ear, nose and throat region.

Content of the frequency chip card	
9 frequencies against sinusitis (sinusitis)	16:30
2 frequencies against Outer ear inflammation	03:00
5 frequencies against Middle ear inflammation	07:30
3 frequencies against tonsillitis (Tonsillitis)	04:30
4 frequencies against laryngitis (Laryngeal inflammation)	06:00
4 frequencies against pneumococci	06:00
Haemophilus influenzae 336,41 kHz	03:00
<b>Total</b>	<b>46:30</b>

The use of **colloidal silver** in the ENT region has proven very successful - both orally and for direct application into the nose or throat. In addition **colloidal gold** can be taken as a classic anti-inflammatory.

## Eczema (ECZ)

This term, also called “Dermatitis”, is a collective term for various skin reactions. These can be a kind of allergic type due to a poisoning reaction, e.g. work accidents with toxins. An eczema can become acute – only a temporary condition or become chronic.

In addition, there is the “atopic eczema”, also known as atopic dermatitis (even though, not, as previously assumed, resulting from „neuritis“ - nerve inflammation). This is an allergic reaction to external or endogenous substances. A complex interaction of genetic factors, immunological changes and environmental influences.

Psoriasis is also one of the eczema-types. It’s a hereditary disease i.e.an innate psorinum strain (Miasms). It can also show up together with joint problems. “Psora” is an old term from the naturopathic medicine. Five frequencies for psoriasis are programmed on the frequency chip card **SKIN**.

There is a connection between lung, large intestine and skin. For example childhood asthma: if that asthma is in a healing process it moves from inside to outside – as an eczema on the skin. The disease manifests on the outside and a healing process takes place.

Generally it can be stated, that a detoxification over the skin is a good sign, because the detoxification arrived on the outer layer of the body. Naturopathy sees a connection of skin problems with intestinal problems. Affected persons should undertake a colon cleanse and intestinal repair.

Other causes of eczema can be:

- Food allergies (e.g., cow milk products or eggs)
- Food additives (E numbers)
- Chemicals
- Household cleaning agents; everything can be cheaper and just as efficient with Borax, soap, shampoo, drain cleaner, detergent, dish soap can be replaced with borax at least partially.
- medicines like antibiotics

Content of the frequency chip card	
26 frequencies against eczema	72:00
<b>Total</b>	<b>72:00</b>

The skin is inflamed in case of an eczema, but not infectious, if it is not triggered by microorganisms. You can use the chip card IGNITIONS in addition.

The typical phases of disease:

1. Redness of the skin
2. Blistering
3. Wound fluid
4. Crust formation
5. Flaking

## Therapy

Conventional therapy with cortisone ointments or antihistamines against the itching is a pure symptom therapy. The side effects can cause e.g. fungal infections by the cortisone. Alternatives are:

- Find out what causes the eczema and avoid it. e.g. certain foods and food additives, clothes, animal hair or house dust mites come in question.
- Avoid meat, especially pork
- Use premium quality salt: Himalaya or local rock salt
- Take Vitamin A, Omega-3 fatty acids and Vitamin B5 (Pantothenic acid)
- Homeopathic: *Calcium carbonicum* D4 or D6 (2-3 times daily 5 globules). Against the itching also *Dolichos pruriens* in potency D4 (4-5 times daily 5 globules)
- Schüssler salts: *potassium sulfuricum* D6 frequent dispensation, *Silicea* D12. Be aware to take sulfur in a homeopathic high potency like C200, otherwise the detoxification symptoms could become too strong.
- Recommended medicinal herbs are: brewer's yeast, bittersweet stalk, tea tree oil, hops, jojoba wax, mahogany bark, evening primrose oil, pansy tea.
- Apply a vitamin B12 cream on the eczema. This should be free from chemical fragrances, parabens and other skin irritating chemicals. Better use an active ingredient complex of Vitamin B 12 and soothing plant extracts like aloe vera or avocado oil.
- Dead Sea salt products are generally good for the skin (also available as cream)

- You can also dab the eczema with your fresh natural urine. Very courageous people can also use the fresh midstream of the morning urine.
- Also autologous blood dilutions for oral use or injection can have a positive effect. Treatment should be done by a therapist.

Frequency therapy can accelerate the healing process of acute eczema or support the healing of chronic eczema. Place each electrode of the Zappers to left and right of the eczema or above and below it. You can also use wrist cuffs or adhesive electrodes.

Staphylococci caused by interference fields of the teeth or jaw - do their destructive work unnoticed by the patient – are responsible for skin symptoms. But these are temporarily, in contrast to atopic dermatitis and psoriasis. Nevertheless, keep this in mind.

Content of the frequency chip card	
10 frequencies against salmonella	10:00
5 frequencies against chlamydia	05:00
1 frequency against Nocardia asteroidis	02:00
2 frequencies against schistosomes	02:00
3 frequencies against Trichomonas vaginalis	03:00
1 frequency against Gardnerella vaginalis	02:00
3 frequencies against pinworms	03:00
Proteus vulgaris I 327–329 kHz	03:00
Proteus vulgaris II 334–339 kHz	03:00
Proteus vulgaris III 409–416 kHz	04:00
Salmonella I 365–370 kHz	06:00
Salmonella II, Chlamydia trachomatis, Trichomonas vaginalis 378–386 kHz	09:00
Salmonella typhimurium 355, 390 kHz	04:00
<b>Total</b>	<b>56:00</b>

## Endometriosis (EN)

### Supportive measures

I additionally recommend two frequency chip cards, the frequencies against pathogens, which play a role in endometriosis:

- **Teeth 1 (ZÄ1)**  
Gardnerella vaginalis, Helicobacter, Nocardia
- **The four big flukes (EG)**  
Large intestinal fluke (fasciolopsis buskii)  
Sheep liver fluke (fasciola hepatica)  
Small liver fluke (clonorchis sinensis)  
Pancreatic fluke (eurytrema pancreaticum)

In case of pain, there is also the chip card **Pain (PAI)**.

Avoid solvents and discharge them. Dr. Clark wants to point out in particular to the solvent methyl ethyl ketone (MEK) and methyl butyl ketone (MBK) that cause pancreatic fluke. These flukes use the uterus as an intermediate host.

Have a **heavy metal test** made to check if you are contaminated. Cleanse your body from this burden. Dr. Dietrich Klinghardt's classic method is effective: wild garlic, coriander and algae.

Avoid other environmental toxins such as asbestos, arsenic, glass fibers and formaldehyde. Do not wear gold and silver jewelry, because particles of these metals are very likely to move into the uterus.

By the way: Pregnancy often ends Endometriosis.

# Epstein-Barr virus (EBV)

## Remarks:

The Epstein-Barr virus (EBV) originates from Asia and was brought to Europe about 30 years ago. According to different estimations 90% of Central Europe's population is infested with EBV.

EBV damages the immune system and therefore causes many different diseases. If people suffer from an acute EBV infection the antibody formation can pretend an acute infection with other pathogens. Tragically these consequences of EBV are underestimated and patients are led astray with misdiagnoses.

Since our immune system is already weakened by various factors (e.g., antibiotics, amalgam or other metal burdens, stress, environmental toxins, interference fields, etc.), EBV should be fought and the immune system strengthened. I recommend the use of the frequency chip cards **immune (IM)** and **immune stimulation against viruses (ImVir)**.

As the Epstein-Barr virus can be linked to the pancreatic fluke *Eurytrema pancreaticum*, I also recommend the frequency chip card "**The 4 large leeches**" (EG), which includes the frequency of the pancreatic fluke.

Content of the frequency chip card	
428 Hz	03:00
465 Hz	03:00
660 Hz	03:00
663 Hz	03:00
669 Hz	03:00
776 Hz	03:00
778 Hz	03:00
372,5–382,5 kHz	21:00
<b>Total</b>	<b>42:00</b>

### Content of the frequency chip card

1 frequency against <i>Aspergillus niger</i>	03:00
2 frequencies against Cataract (cataract)	06:00
9 frequencies against conjunctivitis (Conjunctival inflammation)	18:00
2 frequencies against Glaucom (green star)	06:00
<i>Neisseria gonorrhoeae</i> 334–336 kHz	03:00
<i>Haemophilus influenzae</i> 336,41 kHz	03:00
<i>Schistosoma mansoni</i> 353 kHz	03:00
<i>Ancylostoma</i> (hookworm) 393, 400 kHz	04:00
<i>Toxoplasma</i> 395 kHz	03:00
<i>Trichinella spiralis</i> , <i>Ascaris</i> 404–409 kHz	06:00
<b>Total</b>	<b>55:00</b>

## Eyes (AUG)

### Supportive measures

Please use two further programs which are integrated in the Zapper: **SN/SNP** and **SZ (BW)** or **Sch-M** and **Sz-M** (Diamond Shield). These programs contain frequencies, which can be helpful for eye disorders / diseases.

Additionally I strongly recommend the chip card **Teeth 1 (ZÄ1)**, which includes frequencies against streptococci and staphylococci as well as adenovirus and chlamydia. In case of eye diseases the big Leeches and *Giardia lamblia* may be involved. The additional usage of the chip card **THE 4 BIG LEECHES (EG)** and the parasite herbs according to Clark is recommended. More about the **Parasite cure of Hulda Clark** can be found in the chapter “General information for frequency therapy “- page 108).

Also the mold fungus *Aspergillus* and the intestinal fungus *Candida* can be causally responsible for eye problems. Therefore, use the frequency chip cards **Aspergillus (ASP)** and **Candida (CAN)** as well. In order to avoid reinfection, treat all family members and also pets.

**Colloidal silver** can be applied with regards to eye infections (for example conjunctivitis) applying it locally into the eye and orally. **Colloidal germanium** was very effective treating various eye diseases, such as: Glaucoma, cataracts, retinal detachments, Retinal inflammations and burns (1-2 eye drops and oral). The intake of **colloidal chromium** positively influences the conservation and functioning of the cornea and the lens of the eye.



# Flu (GRI)

## Supportive measures

Additionally use the frequency chip cards Salmonella and Shigellae, as these can make more susceptible to the flu.

Release shigellae with **kurkuma** and **fennel capsules**, take 2 of them 2-3 times a day for dinner. Avoid re-infection with shigellae, by placing cow's milk products onto the **zappicator**.

Please additionally use two programs integrated in the Zapper: **SN/SNP** and **GR/GRP** (BW) or **Sch-M** and **Gr-M** (Diamond Shield). The frequency chip card Influenza contains much more frequencies than the other programs of the same kind GR (BW) or Gr-M (Diamond Shield).

Support the immune system with the chip cards **Immune (IM)** and **immune stimulation against viruses (ImVir)**.

You should boost the detoxification of the body with the chip card **Detox (DTX)**.

Content of the frequency chip card	
15 frequencies against the flu	22:30
2 frequencies against adenovirus	04:00
Influenza A+B 313,5–324 kHz	12:00
Adenovirus I 371,5–387 kHz	08:30
Adenovirus II 393 kHz	03:00
<b>Total</b>	<b>50:00</b>

### Content of the frequency chip card

11 frequencies against <i>Candida albicans</i>	11:00
Aflatoxin	03:00
4 frequencies against <i>Aspergilli</i>	04:00
<i>Mucor mucedo</i>	02:00
<i>Mucor racemosus</i>	02:00
5 frequencies against <i>Penicillium</i>	05:00
<i>Candida</i> 384–388 kHz	09:00
Aflatoxin 177,2 und 188 kHz	04:00
Cytochalasin B 77 und 91 kHz	02:00
<i>Sterigmatocystin</i> 88, 96, 126 und 133 kHz	03:00
<i>Argyria</i> 81 kHz	01:00
Zearalenon 100 kHz	01:00
<i>Lycogala</i> 126 kHz	01:00
<i>Stemonitis</i> 211 kHz	01:00
Sorghum syrup 277 kHz	01:00
<i>Mucor mucedo</i> 288 kHz	01:00
Ergot 295 kHz	01:00
<b>Total</b>	<b>52:00</b>

## Fungus (PI)

### Supportive measures

1. The determining factor for fungal infection is a deacidification of the organism. I recommend to take Dr. Jacob's base powder and control the acid-base balance with pH test strips for a while.
2. When dieting avoid white flour products (white bread, pasta, cake, etc.) and especially sugar, because they provide the fungi with their favorite fertile soil.
3. **Heavy metals** form kind of an anchor for fungi in the body. Therefore, you should detoxify heavy metals. The heavy metal detoxification according to Dr. Clark lasts less than the classic one by Klinghardt (with wild garlic, coriander and chlorella algae). Hulda Clark has conceived the LG cure (lysine and glutamic acid) for discharging mercury and thallium, the LA cure (lysine and aspartic acid) and other metals. Also the product BI-OLOGO-DETOX is suitable for heavy metal detoxification.
4. **Colloidal silver** is also effective against fungi and their spores. It can be orally taken or applied to the skin.
5. Essential is a **colon cleansing**, because an intact intestinal flora detoxifies better. Use Mannayan Flor, because it contains many different bacterial cultures (*Lactobacilli* and *bifidobacteria*). One capsule in the morning. If this drug causes you to bloat, then take *Omniflora* (pharmacy) instead as a "pre-cure". It contains less bacterial cultures in it, therefore, the resettlement of the intestine proceeds more cautious. At the beginning take one a day with your meal, then twice a day - with meals. Find the right remedy by making a reliable test.

6. Homeopathic preparations from Sanum-Kehlbeck are also suitable: alternately 1 suppository Exmykehl in the evening and the other evening 1 suppository Albicansan at bedtime.
7. Tea tree oil (externally for foot fungus) and / or bread drink (internally and externally)
8. Do not forget dental hygiene care and repair: bacteria emerge from teeth and jaw and constantly spread through out the body and damage the milieu. This allows fungi to easily nest. Therefore I recommend the frequency chip cards **Teeth 1 (ZÄ1)** and lung - bronchi (LU) against bacteria.
9. If infested with Aspergillus the chip card **Aspergillus (ASP)** should be used, by infestation with Candida the chip card **Candida (CAN)**. It is essential to build up a healthy intestinal flora.

Content of the frequency chip card	
9 frequencies against headaches	11:00
4 frequencies for migraine	12:00
5 frequencies against strongyloids	05:00
Shigella 318 kHz, 390,089 kHz, 394 kHz	09:00
Salmonellae 329 kHz, 365–370 kHz, 382,5–386,5 kHz, 355, 390 kHz	12:30
Strongyloides 398,5–402 kHz	02:30
2 frequencies against headache	06:00
Dirofilaria immitis 410–411 kHz	04:00
<b>Total</b>	<b>62:00</b>

## Headache migraine (KM)

### Supportive measures

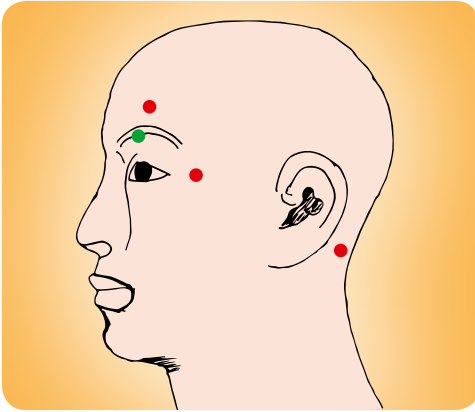
Please also use two programs integrated in the Zapper: **SN/SNP** and **SZ** (BW) or **Sch-M** and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card as well as the frequency chip card **Teeth 1 (ZÄ1)**, which contains the frequencies against clostridia, staphylococcus aureus, streptococci and E. Coli.

Headache-causing bacteria often arise in infected teeth. That's why I recommend a dental restoration and the application of the **Zappicator**. When there is pain also run the frequency chip card **Pain (PAI)**.

Shigellae can cause headache. In this case, use the chip card **Shigellae**. This contains more frequencies than KM.

Remove Shigellae with kurkuma- and fennel capsules, take 2-3 times 2 capsules with the meal. Avoid re-infection with Shigellae by placing dairy products on the zappicator. Avoid chocolate.

Strengthen the bile meridian through acupressure massage at the red dots - see graphic: a thumb width above the eyebrows in the middle, a thumb width behind the eye, a thumb width behind the eye lower end of the ear where the bone begins (respectively on both sides of the head). You will see that this directly helps against the headache.



When the headache is in the front of the head, it helps to press one specific point with the fingers. Move with your finger to the upper edge of the eye sockets (under the eyebrows) from the inside to the outside. After 1-2 cm you will feel a slight dip.

Press on both sides - that hurts, but helps (see Graphic green dot).

Four proven gall bladder remedies:

- Liver herbal tincture in support of the bile activity
- “Heidelbergers 7 Herbal Star” powder
- From the Ayurvedic Medicine “Liv.52”
- Artichoke extract

I recommend kidney cleanse lasting more weeks and then several liver cleansings (according to Dr. Hulda Clark).

Effective immediately against acute headache is the TENS application (Transcutaneous electrical nerve stimulation) with the BW-Zappers, directly at the head or neck.

**Colloidal magnesium** treats nervous headaches by improving the central nervous systems function.

Ensure bowel movements 2x a day (activate with cascada sagrada and magnesium oxide). Avoid tyramine-containing foods like yoghurt, sour cream, cheese or wine (tyramine is formed during decomposition of proteins, often contained in food which is formed by fermentation).

For headaches and migraines, I recommend the use of the **infrared mineral lamp** (see the chapter of the same name - page 118).

Content of the frequency chip card	
7 frequencies for the heart	07:00
1 frequency against nematodes	01:00
4 frequencies against pneumococci	04:00
6 frequencies against streptococci	03:00
3 frequencies against tuberculosis	03:00
3 frequencies against Candida	03:00
2 frequencies against Aspergillus	02:00
Loa Loa 360,551 kHz	02:00
Staphylococcus aureus 376–381 kHz	06:00
Dirofilaria immitis 408–411 kHz	07:00
Candida 384–388 kHz	04:30
Mycobacterium tuberc. 430,5–434 kHz	08:00
<b>Total</b>	<b>50:30</b>

## Heart (HZ)

### Supportive measures

I also recommend two frequency chip cards, which contain the frequencies against pathogens, which can also play a role in the region of the heart:

- **Teeth 1 (ZÄ1):** Nocardia asteroides, Staphylococcus aureus, Streptococcus pneumoniae
- **Viruses (VI):** coxsackie viruses

Also use two programs integrated in the Zapper: **SN/SNP** and **SZ (BW)** or **Sch-M** and **Sz-M** (Diamond Shield) as well as the **Rife** chip card.

One can always get infected with *Dirofilaria* by pets, so it makes sense to include them in the therapy or zapping this pathogen again and again. Note: pain in the heart, which is treated with frequency therapy, can start getting stronger for a few days before they disappear. Bacterial infection can cause heart pain, therefore it is treated with the chip card **Teeth 1 (ZÄ1)**.

The **BEMER therapy** promotes blood circulation in the smallest vessels, the capillaries. The so-called microcirculation is significantly improved. This also relieves the heart (see chapter “BEMER therapy” - page 114).

The heart is a muscle that be supported by taking **colloidal magnesium**. This ensures good oxygen supply and thins the blood.

According to the Chinese organic clock the liver is the “mother” and the kidneys are the “grandmother” of the heart. Liver and kidney herbs strengthen liver and kidneys and thus indirectly relieves and strengthens the heart.

Speaking of Chinese medicine: in cardiovascular diseases I recommend using the **Infrared Minerals lamp** (see the chapter of the same name - page 118).

For the sake of completeness, the known risk factors for heart diseases should be mentioned: Overweight, smoking, lack of exercise, wrong diet...

Last but not least: Observe yourself how lovingly you live and how you relate to others. The heart is the organ of love and suffers from lack of love.

### Content of the frequency chip card

9 frequencies against Helicobacter	23:00
Helicobacter I 352–357 kHz	06:00
Helicobacter II 365,5–370,5 kHz	06:00
<b>Total</b>	<b>35:00</b>

## Helicobacter (HEL)

### Supportive measures

The bacterium helicobacter has developed a clever strategy to protect itself from the gastric juice: It wraps itself into a basic ammonia cloud to get the acid neutralized. The germ causes, in particular by the aggressive ammonia, chronic gastric mucosal inflammations, that become an ulcer or even evolve into a carcinoma.

The signs of an infection are mostly nonspecific disorders of the digestive tract such as feeling of fullness, nausea, bad breath, stool irregularity and flatulence. Striking is also an incompatibility or aversion to food such as fruit juices, fresh fruit or sour pickles. The gastric mucosa damaged by ammonia is sensitive on sour stimuli. Do the symptoms last over a longer period, it can be proven by gastroscopy or out of the stool.

Also take the byoClien **parasite herbs**. Learn more about the parasite cleanse of Hulda Clark in the Chapter “General notes on frequency therapy” - Page 108).

In the case of stomach infestation with bacteria (for example helicobacter) the additional oral intake of **colloidal silver** makes sense. **Colloidal bismuth** used to be an antiseptic, also as anti-diarrhoeal agent, as well for therapy of gastritis. Bismuth acts against disease causing bacteria, e.g. Helicobacter pylori. It also regulates gastric mucus formation and regulates the amount of pepsin in the stomach.

Meat and dairy products should be cleaned with the **Zap-picator**.

Other stomach disorders can be treated with the chip card **Stomach (MAG)**. Please note that Dr. Hulda Clark has designed helicobacter as “Campylobacter”.



# Herpes (HE)

## Supportive measures

You can add the zipper current (of the herpes chip) - by using the wrist bands or use it directly on the herpes blisters.

For this use the bare metal plug of the cable is used. Clean it afterwards with 70% ethanol. If it's uncomfortably tingling or burning, reduce the intensity of the voltage.

In addition, use the frequency chip cards **immune stimulation against viruses (ImVir)** and **Detox (DTX)**. Also take **Colloidal Silver** - both orally as well as directly on the herpes blisters.

Especially with herpes zoster (shingles) take:

- Amino acid lysine high dosed for 3-4 days: Per day 2-3 times 2-3 capsules à 330 mg.
- Homeopathic: *Mezereum (daphne)* D6: 3-4 times 5 globules daily. And *Vincetoxicum* D6 in the same dosage. Take the homeopathic remedies until a clear recovery has occurred. You can add 100-200 mg of vitamin B6 daily taken.

This chip card can also be applied for post-herpes zoster pain, which can show up again after years.

Content of the frequency chip card	
20 frequencies against herpes	20:00
3 more frequencies against herpes	09:00
Herpes simplex 1 291–293 kHz	02:30
Herpes simplex 1 345,5 kHz	02:00
Herpes simplex 1 350 kHz	02:00
Herpes simplex 2 354–363 kHz	10:00
Herpes zoster 416,5–420 kHz	08:00
<b>Total</b>	<b>53:30</b>

### Content of the frequency chip card

24 frequencies against inflammation	48:00
<b>Total</b>	<b>48:00</b>

## Inflammation (ENTZ)

### Supportive measures

Please additionally use two programs which are integrated in the Zapper: **SN/SNP** and **SZ** (BW) or **Sch-M** and **Sz-M** (Diamond Shield). Also use the **Rife** chip card. In case of pain, use the frequency chip card **Pain**.

A laboratory blood picture can detect if an inflammation is present. However, it is difficult to localize chronic inflammation in the body. Therefore one zaps while crossing the hand-electrodes i.e. one electrode on the left ankle and the other on right wrist and vice versa next time.

Often dental or interference fields of the jaw are the cause. This should be tested out. If you have an inflammation in the jaw area, use the chip card **Teeth 1 (ZÄ1)** and **Teeth 2 (ZÄ2)** as well as the **Zappicator** (see chapter of the same name, page 119).

**Colloidal silver** and silicon act reliably against inflammation. **Colloidal gold** is also a classic anti-inflammatory agent.

In case of an inflammation **enzymes** are especially important because they “eat up” the waste. For example, pineapple and papaya contain many enzymes.

In addition, I recommend for all forms of inflammation the application of the infrared mineral lamp (see the chapter of the same name - page 118).

# Kidneys (NIE)

## Supportive measures

I also recommend two frequency chip cards, which contain the frequencies against pathogens, which also play a role in the region of the kidneys:

- **Teeth 1 (ZÄ1)**  
Staphylococcus aureus,  
Streptococci, Escherichia coli
- **Epstein Barr virus (EBV)**

Please also use two programs integrated in the Zapper: **SN/SNP** and **SZ** (BW) or **Sch-M** and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card. These programs contain frequencies, which can be helpful for the kidneys.

Also use the chip card **Detox (DTX)**, because it contains supporting frequencies for the kidney function.

Avoid over-acidification of your body by using alkaline nutrition and starting a base cure.

Drink at least 2 liters of low-mineral content water daily or “Ayurveda water” and take the kidney herb tincture.

Content of the frequency chip card	
11 frequencies against kidney insufficiency	05:30
2 frequencies against nephritis	02:00
4 frequencies against Klebsiella, Pseudomonas	02:00
Proteus mirabilis I, Proteus vulgaris I 321–329 kHz	09:00
Pseudomonas, Proteus vulgaris II 332–339 kHz	08:00
Proteus mirabilis II, Serratia marcescens 346–352 kHz	07:00
Schistosoma mansoni 353 kHz	02:00
Klebsiella I 398,5–404,5 kHz	07:00
Proteus vulgaris III, Cytomegalovirus, Klebsiella II, Eurytrema pancreaticum 409–422 kHz	14:00
<b>Total</b>	<b>56:30</b>

### Content of the frequency chip card

7 frequencies against pneumonia	04:00
6 frequencies against bronchial asthma	06:00
3 frequencies for the lungs	03:00
8 frequencies against lung bacteria	06:00
Bacteroides fragilis, Mycoplasma 1 323–326 kHz	03:30
Bordetella pertussis, Pseudomonas 330–334 kHz	05:00
Haemophilus influenzae 336,41 kHz	03:00
Mycoplasma 2 343–349 kHz	05:00
Branhamella catarrhalis	02:00
Klebsiella pneumoniae 1 398,5–404,5 kHz	05:00
Ascaris, Pneumocystis carinii 405–409 kHz	05:00
Klebsiella pneumoniae 2 417–421,5 kHz	04:00
Mycobacterium tuberc. 431–434 kHz	04:00
Paragonimus westerm. 438–454 kHz	05:00
<b>Total</b>	<b>60:30</b>

## Lungs - bronchi (LU)

### Supportive measures

In addition, I strongly recommend the chip card **Teeth 1 (ZÄ1)** because it contains the important bacteria frequencies of Clark which also affect the lung/bronchi region. Optionally, the chip cards **Fungi (PI)**, **Candida (CAN)** and **Aspergillus (ASP)** can be used when these fungi play a role in bronchi and lung complaints. With congested bronchi the chip card **mucus pathogens (SLM2)** is useful.

Please also use two programs integrated in the Zapper: **SN/SNP** and **SZ (BW)** or **Sch-M** and **Sz-M** (Diamond Shield) as well as the **Rife** chip card.

Breathing exercises of any kind are recommended: respiratory therapy, Yoga, moderate exercises, active meditations, ChiGong, Tai Chi, etc.

You can also make an acupuncture on the toning points of the lung meridian (right-handed person right, left-handed person on the left):

On the wrist, from the inflexion point about a thumb width in the direction of the elbows, on the side, where also the thumb is. Press this point several times a day, better from the top down in the direction of the hand.

The nutritional supplement Q10 supports the lung meridian, take 1 x 1 capsule in the morning. Against ascarids tagetes tea has proven.

For acute and chronic bronchitis, I recommend the application of the **infrared minerals lamp** (see chapter of the same name - page 118).

## Lyme disease 2 (BO2)

### Supportive measures

In addition, use the frequency chip cards **borreliosis 1 (BO)** and **sequence of emotions (FvE)**. Day 1 run FvE and immediately thereafter the chip card BO. Day 2 repeat the sequence as mentioned. Increase the power gradually 3-4 minutes when using FvE.

Background: FvE opens the intracellular space, so when using chip card BO in sequence these frequencies can hit those pathogens which were previously hidden in the cells. Experience has proven the usage of the Frequency chip card **nerves (NERV)** - 1-2 times a week is advisable. In case of pain the frequency chip card **pain (PAI)** is useful.

Take **colloidal silver** and high doses of vitamin C: 2-3 g daily in acute phase. Vitamin C supports the liver in its cleansing process and also cleans the vasculature and stimulates the adrenal cortex for the production of cortisone.

One differentiates between natural and synthetic Vitamin C. Both have the same chemical structure, therefore, in principle the synthetic is absorbed well by the body. The natural Vitamin C (for example in fruits) can be utilized better by the body because it is surrounded by accompanying substances, so-called bioflavonoids. It's best to take vitamin C, that contains bioflavonoids.

Kardenwurz has proven well for Lyme disease. Carding is a thistle-like plant and has antibacterial, blood purifying, diuretic and perspiring effect. You can take it as tea, tincture or capsules.

The homeopathic *Geranium robertianum* (mother tincture) can also support the above results. It activates the lymphatic flow and supports detoxification; particularly successful with "heavy legs" of the post-Lyme-disease. Recommended dosage: 3 x 3 or 2 x 5 drops daily. Not more, because strong effects are achieved by the exceptionally careful cultivation and processing.

Content of the frequency chip card	
35 frequencies against Lyme disease	55:30
5 more frequencies against Lyme disease	10:00
<b>Total</b>	<b>65:30</b>

Place the Zappicator (see same named chapter -page 119) directly on the tick bite/on the skin to avoid infection. Do this for 10 minutes every day, for 10 days.

## **Lyme disease co-infections**

Tick bites can not only cause Borrelia or TBE viruses, but also one or more of the so-called “Lyme disease coinfections”.

Special frequency programs for these bacteria have now been developed that are programmed on chip cards.

Ehrlichia (12 frequencies, duration 36 minutes)

Babesia (17 frequencies, duration 51 minutes)

Bartonella (28 frequencies, duration 50 minutes)

Rickettsiosis (30 frequencies, duration 60 minutes)

Chlamydia pneumoniae (30 frequencies, duration 60 minutes)

This program does not contain the frequencies against Chlamydia trachomatis. These are stored on the following chip cards: Vaginal fluor (VAG), Endometriosis (EN), Bladder-prostate (BP), Arthritis-rheumatism-fibromyalgia (ARF)

Mycoplasma pneumoniae (29 frequencies, duration 56 minutes)

Special frequency programs for these bacteria have now been developed that are programmed on chip cards.

## **Tick bite symptoms**

The Lyme disease symptoms only occur a few days to a few weeks after the tick bite. The first early warning sign of a Lyme disease infection is the typical red rash on the skin, also called erythema: a reddening of the skin that spreads in a circle from the puncture. The pathogenic agents of Lyme disease co-infections have symptoms similar to Lyme disease, but also deviant. They can lead to “mixed infections” with Lyme disease and interact with each other. In rare cases, life-threatening conditions can occur.

According to “borreliose-nachrichten.de: “...a coinfection leads to a more complicated illness, a wider range of symptoms and needs longer recovery time as if only one infection were present.” The common symptoms of Lyme disease and its coinfections are similar to a flu:

Joint pain

Muscle aches

Headache

Fatigue and exhaustion

Dizziness

Fever

Decreased memory

In addition, the following specific symptoms may occur:

**Ehrlichiosis**

Nausea,  
Vomiting,  
Liver dysfunction

**Babesiosis**

Sweat  
Exhaustion  
Headache (especially neck and back of the head)  
Mental crashes

**Bartonellosis (cat scratch fever)**

Headache in the forehead area  
Concentration disorders  
Muscle tremors, twitches and cramps  
Joint pain

**Rickettsiosis**

Inflammation of the lymphatics  
Erythema  
Inflammation of the internal organs

**Mycoplasma pneumoniae**

Cough  
Sore throat  
Sinus inflammation  
Nerve disorders

**Chlamydia pneumoniae**

See mycoplasma

Oddly enough, many Lyme disease patients also have chlamydia and mycoplasma, although these are not found in ticks. Here, the tick bite apparently leads indirectly to infection.

**Diagnosis after tick bite**

By various laboratory diagnostic procedures (blood analysis) it can be determined which pathogens are present. However, we have heard a hundred times from customers that you can also suffer from the symptoms, although nothing is found in the blood. There is speculation that the pathogens could “hide” in cells like viruses. Alternatively, there are various bio-energetic test methods such as EAV (electro-acupuncture according to Voll), pulse taking, kinesiology, tensor, etc.

## Also for animals

Our pets are very often attacked by ticks. That's why they often become ill with the diseases mentioned above. They too can be treated with the zapper and the right frequencies.

## Lyme disease therapy

The normal medical Lyme disease treatment consists of antibiotic supplements. It is important for the doctor to know which pathogens have affected the patient in order to prescribe the right antibiotics. Note: Many therapists recommend that you rebuild the intestinal flora after taking antibiotics. You can do this, for example with "Mannayan Flor". Vaccination against the TBE virus is possible.

## About ticks

No other animal in our latitudes carries as high infection risks as ticks. They transmit more than 200 diseases worldwide - more than all mosquitoes together.

And new species is responsible for the threat. The "Gemeine Holzbock" is the most common type of tick in Germany. Besides, new species are entering, e.g. the "Auwaldzecke - Dermacentor reticulatus".

The distribution ranges are also growing continuously. Lyme disease is now common in almost all parts of Germany. Depending on the region, 3-35% of the ticks are infected with Borrelia (the main risk areas are southern and eastern Germany). However, only 5% fall ill, mostly with mild symptoms. In severe cases it comes to neuro-Borreliosis with paralysis and neuritis.

TBE, the early summer meningo encephalitis, a virus-induced neuropathy that often causes meningitis, is increasing dramatically and is now even found in northern Germany. In Austria, the transmission with TBE is much greater than in Germany.

Due to global warming, the arachnids are now active throughout the year. It can be said that the only spiders we are really afraid of are ticks.

## Protection against ticks

They were thought to fall off trees. But that's not true: they usually sit on the top of grasses or twigs, to be "taken" by a host. Ticks only eat 3 "meals" in their lifetime.

They feed exclusively on blood and stay on their host for up to 10 days. This may be a mouse as well as a deer, the pet or the human itself. They prefer to stick to warm, moist areas of the body, e.g. armpits, knees or the genital area.



You should look in these places very carefully when you were in nature. This is worthwhile, because *Borrelia* or their co-pathogens only pass into the host's body after 12-48 hours. Clothes should be shaken out and washed at 60 degrees.

When walking, you should wear opaque, bright clothes, so that the ticks do not quickly get directly to the skin and you can see them well. If you find one, you should grab it with a special tick forceps on its mouthparts and pull it out.

### Content of the frequency chip card

19 frequencies against macular degeneration	52:00
<b>Total</b>	<b>52:00</b>

## Macular degeneration (MD)

This term is used to describe a group of injuries of the retina of the eye. Exactly the macula lutea, an area in the rear, central area of the retina. Without treatment, these leads to poor eyesight and blindness. A yellow spot forms in the area of the sharpest vision.

The most common form is age-related macular degeneration (AMD). Because people are getting older and older, the number of people affected also increases. Approximately 2 million people in Germany suffer from a form of macular degeneration. Age, smoking and genetic predispositions are the biggest risk factors.

A distinction is made between dry and wet macular degeneration. Dry makes up about 80% of the cases, but leads to blindness only in 5-10%. The humidity quickly leads to reading blindness.

The following visual disturbances indicate a macular degeneration:

- Decrease in visual acuity and thus in reading ability
- Poor contrast perception
- Reduction of color vision
- Higher sensitivity for glare, e.g. by oncoming cars
- Poor adaptability to changing lighting conditions
- Failures of the central visual field

The frequency therapy may be used in addition with medicinal therapies and surgical procedures but does not replace them.

Acupuncture of certain points around the eye with needles or laser are proven to be helpful.

# Meningitis encephalitis (ME)

## Supportive measures

For Meningitis (meningitis can also infest the spinal cord) the identification of the pathogen is important, which triggered this, because a viral meningitis has a much milder course and causes less consequential damage as a bacterial meningitis.

Depending on which pathogens are the cause of this, I recommend additionally the application of the corresponding frequency chip card:

Possible viral pathogens:

- Coxsackie virus Frequency chip card **Viruses (VI)**
- mumps or measles viruses chip card **Childhood Diseases (KK)**
- Herpes virus chip card **Herpes (HE)**
- Epstein-Barr virus chip card **Epstein-Barr virus (EBV)**

Possible bacterial pathogens:

- streptococci chip card **Teeth 1 (ZÄ1)**
- Haemophilus influenzae and pneumococci chip cards **Bacteria (BAK)** and **Lung/bronchi (LU)**

Content of the frequency chip card	
9 frequencies against meningitis 1	18:00
4 frequencies against meningitis 2	08:00
13 frequencies against meningitis 3	26:00
1 frequencies against encephalitis	03:00
<b>Total</b>	<b>55:00</b>

### Content of the frequency chip card

2 frequencies against <i>Neisseria gonorrhoea</i>	06:00
1 frequency against <i>Treponema pallidum</i>	03:00
3 frequencies for menopause	09:00
<i>Neisseria gonorrhoea</i> 334–336 kHz	03:00
<i>Treponema pallidum</i> 347 kHz	03:00
<i>Proteus mirabilis</i> 1 321–326 kHz	06:00
<i>Proteus mirabilis</i> 2 346–352 kHz	07:00
<i>Salmonella enteritidis</i> 329 kHz	03:00
<b>Total</b>	<b>40:00</b>

## Menopause (WJ)

### Supportive measures

Often, women of our latitude have more likely a progesterone than an estrogen deficiency. Estrogens were given earlier in the U.S. against menopause complaints until they realized that the risk for breast cancer increased eminently by doing so. Learn more about it in the book “Natural Progesterone: The Multiple Roles of a Remarkable Hormone” by John R. Lee. For a gentle stimulation of the progesterone production take the homeopathic remedy *Agnus castus D4 - 2-3 globules* daily. Better known to us by now is the yam root from South America where women rarely experience to have menopausal symptoms.

The following plant extracts naturally regulate the hormone level. Take only one of them, have yourself tested by a therapist:

- Pascofemin
- Natu-fem
- Remifemin
- Femibion

Sage tea helps against sweat attacks. Avoid black tea, coffee and alcohol when suffering from sweat attacks.

Preventive measures against osteoporosis:

- The “Schüßler’s salt” *calcium phosphoricum D6*, at least 3 tablets daily
- Vitamin D3 - important for the preservation of bone density. Take at least 1000 IE daily.
- Vitamin K2 ensures that calcium is embedded in the bones and not in the arteries.

For menopause complaints, I recommend the application of the **infrared mineral lamp** (see the same name Chapter - page 118).

# Mites (MIL)

## Supportive measures

Dr. Hulda Clark writes: “Mites are organisms, which invade the body with viruses as “free riders”. When zapping the mites viruses can be set free in the body, therefore run after the application of the chip card mites, the 3 x 7 minute zapper program. I also recommend the frequency chip card **immune stimulation against viruses (ImVir)**.

Silver pillows and bedding have good results against mites.

Since mites often cause skin disorders or diseases, therefore also use the chip card **Skin (HT)**.

Content of the frequency chip card	
Demodex folliculorum (Demodex) 682 kHz	3:00
Dermatophagoides (Dust mite) 707 kHz	5:00
Flour mite 718 kHz	3:00
Ornithonyssus (Fowl mites) 877, 878 kHz	8:00
Sarcoptes scabiei (scabies) 735 kHz	6:00
<b>Total</b>	<b>25:00</b>

Content of the frequency chip card	
2 frequencies against muscle cramps	04:00
2 frequencies for the Muscle relaxation	04:00
7 frequencies against Ataxia (Muscle incoordination) and lumbago (Lumbago)	17:00
6 frequencies against Tendomyopathy (Muscle aches)	14:00
3 frequencies against myositis (Muscle inflammation)	06:00
<b>Total</b>	<b>45:00</b>

## Muscles (MUS)

### Supportive measures

Please also use two programs integrated in the Zapper: **SN/SNP** and **SZ** (BW) or SchM and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card.

In addition, the frequency chip card **The four big flukes (EC)** should definitely be used. Because – both from the topic as well as from the spectrum of possible causative pathogens – overlaps are caused, I also recommend the frequency chip card **Arthritis - Rheumatism - Fibromyalgia (ARF)**.

Bacteria can also be the cause of muscle pain. In this case, the frequency chip card **Teeth 1 (ZÄ1)** is used against the bacteria. For acute relief of the pain use the **TENS programs** (transcutaneous electrical nerve stimulation), that are contained in most Zappers. For muscle pain the frequency chip card **pain (PAI)** is useful - this does not apply to just temporary muscle soreness.

The **BEMER therapy** helps in the region of lumbago, muscle cramps, muscle spasms, tensions (see the chapter of the same name - page 114).

Dr. Clark recommends multiple kidney cleanings (2-6 weeks) and avoiding drinks containing oxalic acid including black tea, ice tea, cocoa. Industrial products, drinks and flavored foods should be avoided due to their possible content of xylene and toluene.

Take **calcium** and **magnesium** against cramps and to build up muscles, best in colloidal form. Magnesium regulates the interaction of the nerves and muscles, allowing muscle contraction. The cheaper, but less effective alternative are „Schüssler’s salts“: *Calcium phosphoricum* D6 and *magnesium phosphoricum* D6 (10 tablets magnesium phosphoricum dissolved in a glass of hot water is called “The hot 7 “).

**Colloidal chromium** helps - besides effective training - to build up muscles. Also the programs for **Electric Muscle Stimulation (EMS)** of the Zapper Diamond Shield are suitable for this.

Lead has anti-cramping effects, prepared homeopathically as *Plumbum metallicum D10*, take 1x 5 globules daily. In an acute case also *Cuprum metallicum C200* - take this homeopathic high potency once every two days - not more than 5.

### Content of the frequency chip card

9 frequencies against nerve disorders	27:00
2 frequencies against neuralgia (Neuritis)	06:00
2 frequencies against nerve pain	8:00
6 frequencies against paralysis	12:00
Proteus mirabilis 324, 349 kHz	06:00
<b>Total</b>	<b>59:00</b>

## Nerves (NERV)

### Supportive measurements

Since the brain is part of the central nervous system, we additionally recommend the use of the frequency chip card **Brain (GEH)**. Apart from that use two further programs integrated in the Zapper: **SN/SNP** and **SZ (BW)** or **Sch-M** and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card.

The intake of **magnesium** - best in colloidal form - supports the central nervous system. For nervousness and inner restlessness a present manganese deficiency can be balanced by the ingestion of **colloidal manganese**. **Colloidal platinum** is suitable as “women’s agent” for the nervous system/sexuality (obesity, bulimia, sexual disorders, etc.).

For nerve pain homeopathic medium *hypericum C200* globuli has proven effective. This is not allowed for daily use because it’s a high potency. Either once taken in the attack or 1-2 globules per week. For pain, the chip card **Pain (PAI)** is suitable.

In cases of paralysis homeopathically has proven: *Causticum C200*, 1-2 times 5 globules per week.

Blue light relieves nerve pain, e.g. with toothache. Buy blue tissue paper after a dental procedure and put it over a lamp, so that the blue light shines from about 20 cm on the affected cheek.

In case of toothache, I also recommend the use of the **Zap-picator** (see the chapter of the same name - page 119).

For trigeminal neuralgia use the chip card **Herpex (HE)**. You may also like to take ampoules *nervus trigeminus D30* from Wala, every two days an ampoule (leave in the mouth for a minute). The same goes for sciatic pain with the remedy sciatic nerve D30.

You can also apply the **BEMER therapy** for nerve healing (see the chapter of the same name - page 114).



# Osteoporosis (OST)

Throughout life the bone tissue is build-up and then again degrades. With increasing age Osteoporosis especially is noticed to occur. The degradation exceeds the build-up and it comes to bone atrophy. This is actually a demineralization of the inner part of the bone.

Statistically 30% of postmenopausal women fall ill with osteoporosis. This percentage is reached by men at an age of 70 years. In other words, 8 million people over 50 in Germany have Osteoporosis, also called “bone decalcification”.

95% of the cases are classified as primary and only 5% secondary, viz. triggered by another disease. The primary osteoporosis is divided into type 1 (occurring after menopause) and senile (with increasing age). In addition there is a classification of clinical O. (latently present) and manifest O. (it already came to bone fractures).

The bone density decreases, the bones become “porous”. This makes bone fractures occur easier, especially by:

- Vertebral bodies of the spine
- Thighs near the hip joints
- Spoke (forearm) near the wrists
- Humeral head
- Pelvis

The healing process of bone fractures is not inhibited by osteoporosis.

## Causes

There are numerous marginal causes, such as meaty and low-vegetables / low-fruit diet, low calcium diet or lack of vitamin B12 and folic acid.

There may also be a hormone deficiency, especially for progesterone - see hemogram. The following remedies are recommended:

- Chaste tree, homeopathic as agnus castus D4 taken for a long time
- Agnocaston tablets (phytotherapy)

### Content of the frequency chip card

19 frequencies against osteoporosis	49:00
<b>Total</b>	<b>49:00</b>

- Progesterone cream with nature-identical progesterone (ask your local pharmacy). This cream is applied where the skin is particularly permeable (arm and leg inside).

## Diagnosis

Measurements of the skeleton and x-rays show whether osteoporosis is present. The affected people noticeably shrink because the vertebral bodies get smaller. This also applies with restrictions to Bone density measurement to diagnose the illness.

Like in so many other diseases, osteoporosis develops slowly and imperceptibly. But when it comes to bone fractures, this is associated with great suffering: pain, bed-rest, sequelae like pneumonia and pulmonary embolism. That's why you feel inclined as younger person to prevent this disease.

## Prevention

- Movement and stress on the bones stimulate growth
- Sunlight on the bare skin ensures the production of vitamin D
- intake of vitamin D3 and vitamin K2. K2 makes sure that calcium does not enter the vessels, but goes into the bones. Vitamin K2 especially when taking Marcumar
- avoid hyperacidity, eat basic or alkaline
- Avoid cola and milk (milk for calcium is an obsolete heresy)
- Avoid protein and meaty foods, because they can get the calcium out of the bones
- Avoiding heavy tobacco and alcohol consumption
- Bone density measurements for detecting and treating osteoporosis early and preventing bone fractures.

## Therapy for osteoporosis patients

- conventional medical biophosphonates
- 1 to 2 grams of calcium daily (dairy products, green vegetables, nuts, seeds). When you consider that one liter of milk contains one gram calcium, the additional supply is advisable.
- 500mg of magnesium daily; this activates enzymes for bone formation
- Boron retains magnesium and calcium in the body, doesn't let it go "lost". Take colloidal boron.

- Silicon, zinc and copper are important for maintaining the bone density. Take these trace elements best as colloids.
- Vitamin C and Vitamin D
- Nutrition with fruits, vegetables and lots of olives / olive oil
- „Schüssler’s Salts“ *Calcium phosphoricum* D6 (5 tablets once a day). Phosphorus is important for the bones, especially after fractures
- Review and eventually reduce medications that increase osteoporosis risk: gastric acid blockers, cortisone and diabetes medications
- Strength training with relatively high weights. This often hurts and should therefore be set in the context of a meaningful pain therapy.

**BEMER therapy:** pulsating electromagnetic fields are proven to stimulate the bone formation and prevent osteoporosis by improving the blood flow in the bones (see chapter “BEMER therapy” page 114).

Since the whole body can be affected by osteoporosis, zap the program necessarily “crossing”: on the first day an electrode (cuff) on the left ankle and the other on the right wrist, on the second day the other way round (right ankle and left wrist).

Please also use a program integrated in the zapper: **SN/SNP** (BW), **Sch-M** (Diamond Shield).

### Content of the frequency chip card

15 frequencies against pain (Rife)	35:00
3 frequencies against Schistosoma japonica (Clark)	06:00
<b>Total</b>	<b>41:00</b>

## Pain (PAI)

### Supportive measures

Please also use the program integrated in the Zapper: **SZ** (BW), **Sz-M** (Diamond Shield). Streptococci are often responsible for pain. Therefore the frequency chip card **Teeth 1 (ZÄ1)** is recommend in addition - it contains all streptococcal frequencies from Dr. Clark. These are so extensive that they would go beyond the scope of the chip card Pain. Against streptococcus vitamin B2 helps, if benzene is in the body, and that is very often the case. B2 binds benzene.

For direct relief in painful regions, use **TENS frequency** programs integrated in many zappers.

I recommend the frequency chip card **Lymph (LY)** for pain, because it removes the lymphatic congestion that can lead to pressure pain after a detoxification (even with a wound).

There are several causes of pain:

- caused by pathogens (e.g. Streptococci, schistosoma)
- traumatic condition (injury); I also recommend, next to the frequency chip card **Posttraumatic Healing (PTH)** - homeopathic *Arnica* in the potency C 200 (or C 30), 5 globules daily for 3 days. Also i would like to mention the good old Traumeel ointment and Traumeel drops.

For strains:

homeopathic *Ruta graveolans*, C 30.

In case of bruise or sprain:

homeopathic *Rhus tox.*, C 200.

For toothache after dental treatment:

homeopathic *Hypericum C 200* is useful (as with all nerve pain).

Please do not take more than one of the above “high potencies” per day. Even lower powers like the D 12 are

helpful, but must be taken much more often than the high potencies (With one exception Arnica: this should not be taken in low potency if there is a risk of bleeding!). These details apply in general.

- pain of unknown cause. For example, tooth infections can trigger painful states in joints. This can be tested bioenergetically.

In case of wide-spread pain, treatment with frequency current would not be sufficient. However, it may be supportive to other therapies such as pain-ambulatory measures, acupuncture, taping (new on the market - energetic tapes with bioresonance).

The **BEMER therapy** can be used repeatedly - even several times a day (see chapter “BEMER Therapy” page 114). I would like to emphasize that pain is also an important signal of the body that there is an urgency for further treatment. This is to be clarified by a doctor!

### Content of the frequency chip card

18 frequencies against papilloma virus	41:00
<b>Total</b>	<b>41:00</b>

## Papilloma virus (HPV)

### Supportive measures

Always use the chip card HPV before using **FvE - sequence of emotions** (duration 12 minutes).

Take Dr. Clarks parasite herbs. Learn more about the **parasite cleanse from Hulda Clark** in the chapter “General Notes on Frequency Therapy” - Page 108).

Appropriate is the additional application of the frequency chip card **Warts (TM)** because the papillomavirus hides also in warts. First apply the chip card warts and then the chip card HPV.

To strengthen the immune system against viruses, use also use the frequency chip card **immune stimulation against viruses (ImVir)**.

# Parkinson (PAR)

## Supportive measures

Because herpes viruses have a connection with Parkinson's necessarily use the frequency chip card **Herpes (HE)**.

**Colloidal germanium** has proven well for Parkinson's.

Have a test made for any **heavy metal contamination**. Make a heavy metal detoxification when burdened. The classic detoxification according to Dr. med. Klinghardt take with wild garlic, coriander and algae.

You can also test if you are infected by Lyme disease. Because the infestation with *Borrelia* may be associated with similar symptoms to Parkinson's. Should a Lyme disease be present, see also: frequency chip cards **Lyme disease**.

Content of the frequency chip card	
6 frequencies against Parkinson's	12:00
3 frequencies against tremor	06:00
8 frequencies against <i>Nocardia asteroides</i>	16:00
1 frequency against <i>Toxoplasma</i>	03:00
<i>Nocardia asteroides</i> I 355 kHz	02:00
<i>Nocardia asteroides</i> II 364–370 kHz	08:00
<b>Total</b>	<b>47:00</b>

### Content of the frequency chip card

9 frequencies for regeneration	21:00
1 general healing frequency	05:00
2 frequencies for detoxification	06:00
3 frequencies for postoperative pain	06:00
3 frequencies for bone healing	06:00
<b>Total</b>	<b>44:00</b>

## Post-traumatic cure (PTH)

This frequency program was designed to improve and shorten the healing phase after injury or surgery.

### Supportive measures

If the bones are not affected you can omit the last 3 frequencies. If you have pain use the same named chip card pain (PAI). For postoperative healing (bone, wounds, nerves, muscles) the **BEMER therapy** can be suitable because it greatly increases the blood circulation in the smallest vessels. The cells recover faster, waste materials are removed (see Chapter “BEMER Therapy” - page 114).

In case of an injury take homeopathic *Arnica* in potency C200 for 2 days - on the day the injury occurred and again 2 days later (5 globules each).

Should you have a surgery take *Arnica C200* one day before the operation and then 6 days thereafter for the next 2 days as follows:

- day 1: Homeopathic *Nux vomica C200* - 5 globules - to stop the nausea after the narcosis
- day 2: Homeopathic *Phosphorus C200* - 5 globules. Phosphorus is the light carrier, “brings light into the darkness of anesthesia”.

In general, I also recommend zinc for healing, preferably in colloidal form. With delayed wound healing a potassium deficiency can be present.

**Ginseng** (best red) not only increases the physical performance and mental stress resistance, but it also supports the recovery period following a surgery:

If tissue has been cut, the homeopathic *Staphysagria remedies* are ideal (C200, once 5 globules).

If constipation occurs after anesthesia: homeopathic *Opium* (C200, once 5 globules). Don't take several high potencies on one day.



## Rife Chip Card (RF)

This chip card contains 14 universal Rife frequencies, which is recommended for many disorders and diseases. It can be used in addition to other frequency chip cards.

Each frequency runs 2 minutes, so the chip has a duration of 28 minutes.

The following frequencies are included (all in Hertz): 465, 600, 625, 650, 666, 690, 800, 1500, 1600, 1800, 2008, 2127, 2489, 2720.

The frequencies 2008 and 2127 Hz are recommended for all types of cancer.

### Content of the frequency chip card

14 universal frequencies each 2:00 minutes	28:00
<b>Total</b>	<b>28:00</b>

### Content of the frequency chip card

5 frequencies against Salmonella enteritidis	11:00
6 frequencies against Salmonellae paratyphi (Clark)	09:00
6 frequencies against Salmonella typhimurium (Clark)	09:00
9 frequencies against Salmonellae	18:00
4 frequencies against Salmonellae common	08:00
2 frequencies against Salmonellae infection	04:00
<b>Total</b>	<b>59:00</b>

## Salmonellae (SALM)

Please note: the last two frequencies are not on the chip card SALM for BW-Zapper.

Salmonellae are anaerobic (living without oxygen) bacteria causing intestinal diseases in humans and animals. The most serious of these is typhoid, that's why a salmonellae infection (salmonellosis) needs to be reported. Mostly it is "only" an acute, temporary intestinal infection. However, the symptoms are dramatic for the patient: diarrhea, nausea, vomiting, weakness. Surprisingly: 20% of Germans are considered as salmonella carriers.

According to Hulda Clark salmonellae and shigellae cause intestinal inflammation (enteritis), which can end up in a chronic state. The chronic symptoms are abdominal discomfort and flatulences that do not occur regularly, and are not necessarily assigned to the foods digested. Even the irritable bowel can be caused by salmonellae and shigellae. Dr. Clark writes that even flu can be triggered by them.

Salmonellae can exist a long time outside the body. Heat and disinfection are the only reliable ways to destroy them. Frost has no influence on them. That is the reason why one can find masses of them in melted ice cream that was frozen again.

One may be infected by animals and meat products. Possible sources of infections are:

- Raw eggs and the meat of infected poultry
- Ice cream containing eggs
- Stagnant water in warm temperatures (e.g. flooding after flood disasters, rain barrels, boiler)
- Excretions of humans and animals
- Unhygienic condition in kitchens

Here an example how this could happen: You go out for dinner and might eat chicken, then go to the ice cream parlour for ice cream that has an egg in it.

The diarrhea starts at night and one feels bad. Hulda Clark has a magic formula for this: the „Lugol’s solution“, which consists of iodine (be aware of iodine intolerance!). Take 6 drops 3 times a day in half a glass of water.

An interesting aspect is that every egg emerges through the “rear” of the chicken. Often Salmonellae can be found on the eggshells. Therefore it is very important that we wash our hands after touching them in order to avoid an infection. The current immune state is also a determining factor. By previous administration of antibiotics, the intestine can be weakened (reduction of beneficial intestinal bacteria).

Hulda Clark recommends washing eggs after every purchase and then placing them on the **Zappicator** for 20 minutes, killing the bacteria (see chapter “The Zappicator” - page 119). In addition, she recommends the intake of the Clark parasite herbs (black walnut, wormwood, cloves), to kill the salmonellae in the gut.

Take electrolytes after diarrhea to avoid weakness due to lack of potassium (e.g., “Centramin”). Use the frequency chip card SALMONELLAE once a day by acute or chronic salmonellae infection.

Salmonella can cross the blood-brain-barrier and enter the brain should the brain barrier be damaged by toluene and other substances.

### Content of the frequency chip card

3 frequencies against Shigellae sonnei, Shigellae dysenteriae and Shigellae flexneri (Clark)	09:00
11 frequencies against Shigellae	22:00
<b>Total</b>	<b>31:00</b>

## Shigellae (SHIG)

Like Salmonella, Shigellae are anaerobic bacteria, so they can live without oxygen. The shigellae also belong to the group of enterobacteria, which live in the intestine of their hosts (Shigellae in humans and monkeys). Shigellae and salmonella are closely related to escherichia coli. All of these intestinal bacteria can be detected by stool analysis.

Shigella causes bacterial dysentery, resulting in fever, strong diarrhea and even arthritis. The bacteria discharge toxins. The sources of infections are, like with salmonella, contaminated water, faeces and cow's milk products. Already a very small population of only 100 shigellae can transmit the shigellosis.

Read the chapter SALMONELLES (Page 82). The information and recommendations mentioned above apply also for shigellae. If the blood / brain barrier is injured, shigellae can also go into the brain. It causes headache, nausea and dizziness.

# Skin (HT)

## Supportive measures

Please additionally use two programs integrated in the Zapper: **SN/SNP** and **SZ** (BW) or **Sch-M** and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card. These programs contain frequencies which can also be helpful for skin diseases. There are many skin diseases, certainly not all can be covered by a frequency chip card. Skin diseases can have very different causes therefore I recommend in addition following chip card:

- In case of fungal infections the frequency chip cards **Fungus (PI)**, **Candida (CAN)** and **Aspergillus (ASP)** as well as a „Basenkur“ (natural alkaline diet)
- In case of allergic skin reactions the frequency chip card **Allergies (ALG)**
- for herpes infestation the frequency chip card **herpes (HE)**
- in case of childhood diseases the same named frequency chip card **(KK)**
- For neurodermatitis and psoriasis the frequency chip card **Mites (MIL)** (especially the last 6 minutes)

Also, if possible, avoid dairy products and everything that may lead to a food allergy (have a food allergy test done). Helpful for many skin diseases is **colloidal silver**, in a concentration of 30ppm sprayed on the skin and additionally taken orally. Do a liver cleansing according to Dr. Hulda Clark and take ozonated olive oil.

**Colloidal silicon** is an important building nutrient for skin, hair, nails and bones. It also helps for cellulite, because it tightens the connective tissue. Many skin diseases go back to zinc deficiency.

For skin diseases, especially atopic dermatitis and psoriasis, I recommend using the **Infrared Minerals Lamp** (see the chapter of the same name - page 118).

Content of the frequency chip card	
5 frequencies against psoriasis	10:00
5 frequencies against pruritus (itching)	10:00
2 frequencies against rash	06:00
9 frequencies against lupus	18:00
Staphylococcus aureus 376,5–381 kHz	06:00
Ascaris 404–410 kHz	07:00
<b>Total</b>	<b>57:00</b>

### Content of the frequency chip card

7 frequencies against stomach ache	18:00
3 frequencies against colic	06:00
5 frequencies against stomach gases	08:30
Bacteroides fragilis 324–326 kHz	06:00
Escherichia coli 356 und 393 kHz	06:00
Toxoplasma 395 kHz	03:00
Giardia lamblia 422–426 kHz	05:00
<b>Total</b>	<b>52:30</b>

## Stomach (MAG)

### Supportive measures

Please also use two programs integrated in the Zapper: **SN/SNP** and **SZ** (BW) or **Sch-M** and **Sz-M** (Diamond shield). I also recommend the **Rife** chip card.

In case of infestation with helicobacter (described by Dr. Hulda Clark as “Campylobacter” please use additionally the frequency chip card **helicobacter (HEL)**. In case of pain you can also use the frequency chip card **Pain (PAI)**.

Against Salmonella (diarrhea) and Shigella (mostly connected with nausea) I recommend the appropriate frequency chip cards **Salmonella** and **Shigellae**. Against salmonella reliably Lugol’s solution helps, 3 times a day 6 drops in 1 cup of water, not longer than 5 days. (Do not use with iodine allergy). Against Shigellae 3x daily with each meal 2 capsules turmeric plus 2 capsules fennel.

One can produce too much or too little stomach acid. Too much expresses itself as heartburn and can be treated homeopathically: either with *acid hydrochloricum* C30 (once daily 5 globules) or *robinia pseudacacia* D6 (5 globules 3-5 times daily).

Too little gastric acid is often expressed as a feeling of fullness (distended belly) after eating. This can be treated homeopathic by taking acidum hydrochloric D6 (with each meal).

**Acidic ionic water** supports the stomach, it stimulates the Gastric acid production.

In any case, take Dr. Clarks **parasite herbs**. also the „Rechtsregulat“ (cascade-fermented concentrate of fruits, nuts and vegetables) helps by stomach and digestive problems.

Meat and dairy products should be cleansed with the **Zappicator**.

**Colloidal silicon** is applied successfully for gastrointestinal diseases.

## Teeth 1 (ZÄ1)

### Supportive measures

Teeth 1 (ZÄ1) contains the Clark frequencies against some of the main bacteria that do not just accumulate in the jaw, but can also spread through the whole body. This chip card is not only good for dental problems, but also for various bacterial diseases in the whole body - an important addition to other frequency chip cards (see description there). The chip card **lung - bronchi (LU)** has further frequencies of bacteria that are often found in the jaw (e.g., against *Bacteroides fragilis*, *Ascaris*, *Mycobacteria*, *Haemophilus*, etc.).

An interference field is an accumulation of bacteria underneath an existing or already drawn tooth. These bacteria cause inflammation (otitis) and destroy the bone material. You do not necessarily feel an interference field, e.g. as pain. It is often not seen on x-rays and can still exist many years after a tooth extraction.

Therefore, it is advisable that a dentist, who can also test bioenergetically (for example with EAV - electro-acupuncture according to Voll), checks whether the teeth have one or several interference fields. Interference fields are true “bacteria-spins”: they can scatter throughout the whole body, and even grasp the heart. Streptococci cause pain whereas Staphylococci are associated with skin symptoms such as itching.

**Colloidal silver** kills these bacteria. Preferably take a sip of it and rinse the whole oral cavity with it for a minute.

Furthermore, I recommend to cleanse teeth and jaw with the **Zappicator** from bacteria, metals, lanthanides (magnetic heavy metals), dyes, etc. (see chapter “Zappicator” - page 119).

The frequency chip card **Teeth 2 (ZÄ2)** is also an useful supplement, because it contains Dr. Clark’s frequencies against caries and plaque and the Rife frequencies against infected teeth, osteitis, gum suppuration and periodontal

Content of the frequency chip card	
Streptococcus mitis 314,5–320,5 kHz	05:00
Corynebact. d., Gardnerella 340–344 kHz	05:00
Lactobacillus acidophilus 346–351,5 kHz	07:00
Campylobacter, Nocardia, Escherichia coli 352–357 kHz	06:00
streptococci, Clostridia, Helicobacter, Nocardia, coxsackie viruses 360–370 kHz	11:00
Staphylococcus aureus, alpha- and beta-streptok. Clostridium acetobutylicum, Troglydtyella abrossari 371–390,5 kHz	14:00
Bacillus anthracis, E. coli Clostridium perfringens 393–398 kHz	06:00
Shigella dysenteriae 390,089 kHz	03:00
<b>Total</b>	<b>57:00</b>

disease. In case of interference fields only the first 18 minutes of this chip card are relevant.

For toothache, the chip card **Pain (PAI)** is also useful and for better healing after a surgery the chip card **Post-traumatic healing (PTH)**.

Use oregano toothpowder to brush your teeth. This kills highly toxic bacteria (e.g., chlostridia) or weakens them. Pay attention to the dental care, including the gaps and the gum pockets (with interdental brushes and salvia galen tincture). Change the toothbrush every 4 weeks. Go to the dentist regularly!

**Zinc** strengthens the kidney energy. This is a term from the Chinese medicine, and doesn't necessarily mean the organ kidney, but the primal energy or basic energy of humans. Kidney energy is important for teeth and bones. It is best to take zinc in colloidal form, between 3 and 6 pm (kidney time). Also, I recommend taking selenium, also in colloidal form, or 200-300 micrograms selenium tablets 2-3 times a week. Formerly we used to eat more selenium with food, today it gets bound in the soil by the acid rain, which is why deficiency symptoms occur more often.



## Teeth 2 (ZÄ2)

### Supportive measures

The frequency chip card Teeth 2 (ZÄ1) is an important addition. It contains important frequencies against bacteria, who can reside in interference fields of the jaw. Furthermore, I recommend to purify the teeth and jaw from lanthanides (magnetic heavy metals), dyes, bacteria, etc. by using the **Zappicator**.

Use oregano toothpaste to clean the teeth. This kills certain highly toxic bacteria (e.g. chlostridia) or weakens it.

Recommendation: in case of jaw ostitis additionally take the ampoules from the company Heel “Kieferostitis Nodode Injeel”; for periodontal disease the ampoule “Periodontal Injeel “. Ingestion: Twice a week. Leave contents of one ampoule in the mouth for two minutes, then swallow it.

**Zinc** strengthens the kidney energy. That’s a term from the Chinese medicine that doesn’t mean specifically the organ kidney, but our primal energy or basic energy. Kidney energy is important for teeth and bones. Take zinc best in colloidal form, between 3 and 6 pm (kidney time).

Also, I recommend taking **selenium**, as well in colloidal form, or 200-300 micrograms selenium tablets 2-3 times a week. We used to take more selenium with food, today it is bound by acid rain in the soil, which is why deficiency symptoms occur more often.

**Colloidal silver** kills bacteria. Preferably take a sip of it and rinse the whole oral cavity with it for a minute. Be diligent in dental care, also keep the gaps and the gingival pockets clean (use interdental brushes and salvia galen tincture). Change the toothbrush every 4 weeks.

Content of the frequency chip card	
6 frequencies against infections of teeth	12:00
3 frequencies against osteitis (Bone inflammation)	06:00
3 frequencies against Gum-suppuratation	03:00
1 frequency against periodontosis	03:00
Dental plaque 2 (3rd area) 212–218 kHz	03:30
Dental plaque 1 (3rd area) 233–238 kHz	03:00
Dental plaque 2 (2nd area) 279–284 kHz	03:00
Caries N (3rd area) Dental plaque 1 (2nd area) 293–298,5 kHz	03:30
Dental plaque 2 (5th area) 305,5–310,5 kHz	03:00
Caries N (2nd area) 327–331,5 kHz	03:00
<b>Total</b>	<b>43:00</b>

### Content of the frequency chip card

420–436,8 kHz in 350Hz increments	each 01:00
<b>Total</b>	<b>49:00</b>

## The four big flukes (EG)

This frequency range covers the four major flukes:

- Large intestinal fluke (*fasciolopsis buskii*)
- Sheep liver fluke (*fasciola hepatica*)
- Small liver fluke (*clonorchis sinensis*)
- Pancreatic flukes (*eurytrema pancreaticum*)

One or more of these flukes are held responsible by Dr. Clark for a lot of illnesses so that this program chip card should be used as an additional measures with other programs.

Since the Zapper-current does not reach the intestine, be sure to use the byoClien parasite herbs parallel to tackle the pathogens in the intestine.

The **Parasite-cleanse therapy by Hulda Clark** consists of two steps: Zapping and ingesting the parasite herbs (see chapter “General notes on frequency therapy” page 108).

## Thyroid hypofunction (SCHI-UNT)

The thyroid gland is the largest of the seven glands of the endocrine system. In humans, it has the form of a butterfly and is positioned in the throat below the larynx and in front of the trachea.

The main function is the storage of iodine and the formation of the thyroid hormones triiodothyronine and thyroxine and the hormone calcitonin. Therefore, humans must take about 200 micrograms of iodine daily (adults; pregnant women up to 300).

The hormone thyrotropin (TSH) is produced in the pituitary gland (hypophysis) and controls the production of thyroid hormones (hypothalamic-pituitary-thyroid axis, HPT) it is responsible for the growth stimulus of the thyroid.

A disorder of thyroid function can cause numerous illnesses. One differentiates thereby: Hypofunction (hypothyroidism) and hyperfunction (hyperthyroidism).

Hypofunction reduces the forming of thyroid hormones. This slows down the entire metabolism - the physical and mental performance ability is reduced. Hypothyroidism is detectable by blood analysis. The tolerance range is large because the amount of thyroid hormones can vary from person to person. The typical course develops over time and is continuous.

Thyroid hypofunction may be congenital (0.2 per thousand of all newborns) or develops during life-span. Causes for a thyroid inflammation can be a lack of iodine or selenium. The autoimmune disease hashimoto's thyroiditis is a common cause of hypofunction (Antibodies against thyroid tissue are found in 10% of the inhabitants of the western world).

In principle the disease is genetically based and can be influenced by lifestyle (stress, nutrition). Women are affected 2-3 times more often. There are iodine deficiency areas (for example, the alps). This can be prevented by ingesting iodized table salt and sea fish.

### Content of the frequency chip card

6 frequencies against thyroid subfunction	18:00
9 frequencies for the Thyroid compensation	27:00
<b>Total</b>	<b>45:00</b>

Possible symptoms of hypothyroidism:

- Decreased metabolic rate: weight gain despite lower ingestion
- Reduction in performance, lack of motivation
- Lack of concentration
- Weakness, fatigue, feeling cold
- Dry skin
- Rough voice, slow language
- Chronic constipation
- Swelling of eyelids and face
- Slow heart rate, low blood pressure
- brittle hair, hair loss, brittle nails
- Disturbance in the menstrual cycle (women)
- Libido and erectile dysfunction (men)
- Development delays (children)
- Depression

These symptoms may culminate in the life-threatening hypothyroid coma and an emergency treatment may be necessary

### **Therapy of thyroid underfunction:**

Since the thyroid gland does not produce enough thyroxine, this hormone must be taken during life-time. The dose plays a big role. It should not be taken “based on feeling” but strictly following blood values or careful testing of a naturopathic therapist. An overdose can cause life-threatening cardiac symptoms and have a negative impact on the bones. The hormone administration is a pure symptom treatment.

In addition to thyroxine administration it is recommended to take:

- Selenium, best in colloidal form (up to 200 micrograms Every day)
- Plant antioxidants against free radicals +Coenzyme Q10
- Vitamin D

Instead of thyroxine substitution, you can try Thyreogland, manufactured by a local pharmacy. Just do it by relatively low hypofunction, i.e. thyroxine substitution below 30 micrograms daily. This product contains dried thyroid extract and the amino acid L-tyrosine.

It is essential to regularly monitor the thyroid levels by a laboratory (blood analysis).

The thyroid has been activating our escape mechanism ever since primeval time. These are stress reactions such as release of adrenaline, tachycardia, etc. The

body still makes these stress reactions, although today almost no life-threatening situations occur anymore. Reduce stress.

Work on your fears - **Bach flowers** can help you a lot here. Also, look for “secret” feelings such as anger and aggression not expressed. This can all have something to do with the thyroid gland.

### Content of the frequency chip card

4 frequencies for the blood circulation	11:00
5 frequencies against tinnitus	11:00
6 frequencies against infections of teeth	14:00
Fasciolopsis Buski 428–436 kHz	09:00
Ascaris 404–409 kHz	06:00
<b>Total</b>	<b>51:00</b>

## Tinnitus (TIN)

### Supportive measures

Please also use two programs integrated in the Zapper: **SN/SNP** and **SZ** (BW) or SchM and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card.

Bacteria and inflammation in the head region can cause tinnitus - especially disturbing infections of wisdom teeth or inflammation in the ENT region. If the wisdom teeth are infected, then use the frequency chip cards **Teeth 1 (ZÄ1)** and **Teeth 2 (ZÄ2)** as well as the **Zappicator** (see the same chapter - page 119). If there is an inflammation in the ENT region please apply the chip card **HNO2** (the first 14 frequencies = sinusitis and otitis, including up to frequency 786 Hz).

Bacteria such as streptococcus pneumoniae arise often in dental infections. That's why I recommend a dental renovation of the teeth and the application of the Zappicator.

Other causes of tinnitus can be a blockage in the region of the cervical spine or a subluxed jaw joint (not in the right position). In this case, have yourself tested and treated. There are different options: for the cervical spine e.g. osteopathy, craniosacral therapy, spine technique, atlas therapy or chiropractic; for the jaw joint consult dentists or physiotherapists.

Be sure to run a heavy metal cleansing. The best way to do it is the classic cleansing according to Klinghardt (with wild garlic, coriander and algae).

**Colloidal manganese** should not go unmentioned, because manganese deficiency and others can cause ear noises.

You can also take vitamin B3, but please be careful with the dosage!

Tinnitus may also be an allergy to salicylates (e.g., aspirin); therefore avoid salicylates.

In addition, avoid toxic elements such as lead, beryllium, zirconium and benzalkonium; These are found in the air at petrol stations and in many body lotions, soaps and ointments.

### Content of the frequency chip card

7 frequencies against <i>Trichomonas vaginalis</i> (Clark)	07:00
19 frequencies against trichomoniasis	48:00
<b>Total</b>	<b>55:00</b>

## Trichomonads (TRI)

The unicellular pathogen *trichomonas vaginalis* causes inflammation of the mucous membranes in the genitals and the urinary tract. The victims are tormented from itching, burning and unpleasant discharge. The incubation period is 1-3 weeks. Around the world trichomoniasis infection diseases can be transmitted through sexual contact. The WHO speculates that globally approx. 170 million people are infected each year with trichomonads (70% are women).

The best application for the frequency program TRICHOMONADS are two thigh electrodes, e.g. with 80cm length. Then the current of the Zapper flows through the abdomen, where the pathogens are located.

Also the partners should treat themselves, because through sexual contact, the trichomonads are transferred from one partner to another and back again as “ping-pong effect”. Protect yourself during sexual intercourse with a condom.

In early 1989 the russian chemist Tamara Lebedeva suspected the *trichomonas vaginalis* to cause carcinogen. The scientist published several books about her discovery that tumors actually consist of cells of the *trichomonas vaginalis*. For further information see the corresponding wikipedia article and books by Tamara Lebedeva.



## Vaginal fluor (VAG)

### Supportive measures

I also recommend two standard chip cards which contain frequencies against pathogens, playing an important role in vaginal fluor:

- **Teeth 1 (ZÄ1)**  
Streptococci, staphylococci, gardnerella vaginalis, neisseria gonorrhoeae
- **Endometriosis (EN)**  
Trichomonas vaginalis

Please also use two programs integrated in the Zapper: **SN/SNP** and **SZ** (BW) or **Sch-M** and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card.

These programs contain frequencies, that can be helpful for vaginal fluor. **Colloidal Platinum** is related to fluorine albus and recommended for other disorders of the female sexual system.

Content of the frequency chip card	
6 frequencies against Candida	06:00
11 frequencies against herpes simplex	11:00
5 frequencies against fluorine albus	05:00
4 frequencies against Treponema pallidum, Neisseria gonorrhoeae, Ureaplasma, Branhamella catarrhalis	04:00
Herpes simplex I 291,5–293 kHz	02:00
Neisseria gonorrhoea 334–336,5 kHz	03:00
Herpes simplex II 345,4–345,7 kHz	02:00
Treponema pallidum 347 kHz	03:00
Herpes simplex III 354–363 kHz	05:00
Chlamydia trachomatis 380–383 kHz	04:00
Branhamella catarrhalis 395–396,5 kHz	04:00
Candida 384–388 kHz	05:00
<b>Total</b>	<b>54:00</b>

### Content of the frequency chip card

2 frequencies against Varicosis (varicose veins)	05:00
2 frequencies against Claudicatio intermittens	06:00
7 frequencies against atherosclerosis	21:00
4 frequencies for the blood circulation	12:00
<b>Total</b>	<b>44:00</b>

## Vessels (GEF)

### Supportive measures

Please additionally use two programs which are integrated in the Zapper: **SN/SNP** and **SZ** (BW) or **Sch-M** and **Sz-M** (Diamond Shield). I also recommend the **Rife** chip card. These programs contain frequencies which also could be helpful for vascular diseases and for the vessels.

For varicose veins there are also the frequency chip cards **Helicobacter (HEL)** and **The Four Big Leeches (EG)**.

The **BEMER therapy** promotes the blood circulation in the smallest vessels, the capillaries. That's why this procedure became officially recognized as "Physical Vascular Therapy". The so-called microcirculation is greatly improved. This leads to a better supply of the cells and disposal of metabolic waste products (see chapter "BEMER Therapy" - page 114).

Should the vascular disorders be connected with a high cholesterol content, please use the chip card **Liver (L)** in addition, which is designed for lowering the cholesterol level. The herbal remedy Lipocorrect (from orange peel concentrate and palm oil) serves as dietary treatment by increased LDL cholesterol.

**Colloidal gold and germanium** promote blood circulation. **Colloidal silicon** and **colloidal copper** are appropriate for venous diseases: they provide elasticity and strengthen the veins and arterial walls.

The leaves of the primeval ginkgo tree are one of the most effective circulatory stimulators ever.

Because, according to research by Pauly and Rath, Vitamin-C deficiency causes "holes" in the vessel walls, therefore, it's appropriate to intake high-doses of vitamin C. Vitamin K2 keeps the blood vessels elastic and clean.

I recommend taking omega-3 fatty acids (fish, krill products) and liver herbs. The remedy Arteriforte and the amino acid L-arginine ensure better blood circulation, which are best taken in the morning.

## Viruses (VI)

### Supportive measures

You do not always have to run the whole frequency chip card, but you can choose, depending on which virus you want to zap. Please also use two programs integrated in the Zapper: **SN/SNP** and **SZ (BW)** and **Sch-M** and **Sz-M** (Diamond Shield).

Further virus frequencies can be found on the frequency chip cards **Epstein-Barr virus (EBV)**, **Herpes (HE)** (simplex and zoster) and **Influenza (GRI)** (influenza, adenovirus).

**Colloidal silver** is - taken orally - and is also effective against viruses. Frankincense is also a well-known anti-viral agent. Available as fragrance lamp oil (never take pure but dissolved in water) or as cystus tablets (extract of cystrose).

Content of the frequency chip card	
16 frequencies against coxsackie virus	32:00
1 frequency against Cytomegalovirus (CMV)	03:00
5 frequencies against tobacco mosaic virus	10:00
Coxsackie virus 360,5–366 kHz	07:00
Cytomegalovirus 408,5–410,5 kHz	03:00
Tobacco mosaic virus 427–429,5 kHz	04:00
<b>Total</b>	<b>59:00</b>

Content of the frequency chip card	
4 warts frequencies	08:00
Wart 1 344–345,5 kHz	04:00
Wart 2, BS, PU, Plantar 402–411 kHz	10:00
Wart JB 419–422 kHz	04:00
Wart CC 426–432 kHz	07:00
Wart HA 435–449 kHz	15:00
Wart FR 460–464,5 kHz	06:00
<b>Total</b>	<b>54:00</b>

## Warts (WZ)

### Supportive measures

Also use the frequency chip card **HPV (Human Papilloma Virus)** - this pathogen is blamed responsible for the emergence of warts. To strengthen the immune system against viruses, also use the frequency chip card **immune stimulation against Viruses (ImVir)**.

Apply the zapper current (of the chip program Warts) directly on the warts. Use the bare metal plug and clean it after treatment with ethanol. If it is uncomfortable tingling or burning, reduce the intensity of the voltage.

Dab the wart in the evening withcelandine tincture when the moon wanes. Caution: do not ingest!

## More frequency chip cards

There are other frequency programs that expand the range of frequency chip cards with very important topics. These programs have been around for some years, and we have received very positive feedback from patients. Hereafter I would like to list and briefly comment these chip cards.

### Frequency chip cards by Alan Baklayan (alphabetically):

You find detailed descriptions of Baklayan's chip cards in his book "Gentle therapy with frequency technology".

- **Aspergillus (ASP)** - molds. May be applied in addition to the chip card Fungus (PI).
- **Asthma (A)** - In addition I recommend the chip cards Candida (CAN) and Aspergillus (ASP) when these pathogens are tested. also lung - bronchitis (LU) and The 4 big flukes (EG)
- **Bio-energetic blockages (BiBlo)** - this chip card is very important to break any existing therapy blockages, e.g. electrosmog geopathy, laterality disorder or scars. Scars can be obstacles for the energy flow in the meridians. This frequency program lasts only 12 minutes, so it is advisable to use it in between times.
- **Bio-Regeneration (BR)** - One of the programs that can be used with cancer - of course, in addition to other school and complementary medical therapies; the other recommended programs for this disease are The 4 big flukes (EG) and result from emotions (FvE).
- **Blood pressure brake (BB)** - in any form of hypertension, if there is no relation to damage or disease of the heart, vessels or kidneys. Apply every 2 days for 5 minutes each with 0.5 volts.
- **Candida (CAN)** (intestinal fungus) - many people are affected. It causes weakness and multiple digestive problems.
- **Clostridia (CLST)** e.g. clostridia are often found in tooth infections.
- **Concentration (KONZ)** - in addition, the use of the chip cards Liver (L) and Epstein-Barr virus (EBV). **Colloidal gold** and colloidal platinum increase memory and concentration performance and provide more mental "sharpness". Also the BEMER system has to be mentioned here (see chapter "BEMER Therapy" - page 114).
- **Crystal (CRYSTAL)** - Not only the meridians are in a harmonious relationship to each other, but also the points on the meridians. Through this

approach, Baklayan was able to write a deep detox program. I quote: “These specific frequencies from the acupuncture points of the body are used to restore the lost structures of tissue, indeed one region after another with the acupuncture point as the center. “ With 100 minutes the program is very long and should be done in 2 days, each session 50 minutes. On the third day you should take a break so that the body can readjust.

- **Detox (DTX)** - this chip card is indispensable because it supports the excretory organs and thus successfully supports the detoxification that is needed to be done by the body for frequency treatments. The **BEMER therapy** improves the microcirculation. This leads to a better supply of the cells and disposing of metabolic waste products. This is equivalent to a deep detoxification in the cell level (see chapter “BEMER Therapy” - page 114).
- **Diabetes (DB)** - here are the chip cards Candida (CAN), Aspergillus (ASP) and 4 big flukes (EC) recommended (according to Dr. Clark the eurytrema pancreaticum fluke is responsible for diabetes). By the way, you can use xylitol instead of sugar.
- **Hepatitis C (HepC)** - also use the chip card immune stimulation against viruses (ImVir) is Stimulation of the Immune System (IM) - this program also belongs in every frequency collection, because a functioning immune system protects us from many diseases. With the following programs you can build up the immune system even more targeted:
- **Immune to parasites (ImPar)** - 4 big flukes (EG) and Liver (L) are also recommended.
- **Immune to viruses (ImVir)** - especially in flu times also use chip card Flu (GRI).
- **Liver (L)** for lowering cholesterol. For the support of the liver the chip card Detox (DTX) is more likely suitable. Decreasing cholesterol is promoted by the chip cards Weight Regulation (GEW) and Consequence of Emotions (FvE).
- **Lyme disease (BO)** - see the chapter of the frequency chip card Lyme disease 2 (page 61).
- **Lymphatic Drainage (LY)** - this program is extremely important because the lymphatic system is the “waste collection” of our body and is still underestimated by medicine. If the lymphatic system doesn’t work properly, all the waste produced by the cell metabolism is not sufficiently transported to the excretory organs. It results in a very unpleasant detoxification and lymphatic congestion. You may download this frequency program as an e-book. Small self-lymphatic drainage: with very gentle pressure in circu-

lar movements drive over the clavicles from the inside to the outside. Then stroke the face with both hands down the neck.

- **Pancreatic Regulation (PaReg)** - regulates all functions of the pancreas (digestion, enzymes, sugar balance.) In addition use the chip cards 4 big flukes (EC) and diabetes (DB).
- **Prostate (PR)** - frequencies against the main pathogens trichomonads, chlamydia and toxoplasma (you can also add the chip card Trichomonads (TRI). Baklayan recommends having an electrode on the abdomen and one attached to the sacrum, so that the region of the prostate is reached. Alternatively you can also zap with two thigh bands.
- **Result of Emotions (FvE)** - the name is too narrow, because this program has several very important functions. It improves the intra-cellular communication. If done for 3-7 minutes (slowly increasing the time) before using other chip cards (e.g. Lyme disease), this hits pathogens that have “hidden” within the cells. In addition, the program reduces the cancerous metabolism by building up again the collapsed cell tension (the electrical potential between cell interior and exterior, which is essentially lower in cancer cells than in healthy cells). Use the chip card in the morning and in the evening for 3-7 minutes (increasing slowly the time). Note: the chip card runs automatically longer, so it must be switched off manually after 3-7 minutes.
- **Rheumatism (RH)** - This chip card can be used additionally with the program Arthritis Rheumatism Fibromyalgia (ARF). After application, 50 minutes of “earthing” is recommended. Also beware of hyperacidity.
- **Tapeworms (BaW)** - the 3 x 7-minute program by Clark was used to kill tapeworms and their segments. Now we can offer the program that “wobbles” the whole spectrum of tapeworms - in all stages, i.e. eggs and larvae. Here are the 8 most important families captured.
- **Weight Management (GEW)** - Adrenal and thyroid stimulation.
- In addition, Baklayan has developed elemental chip cards, all 5 elements according to the Chinese teaching (wood, earth, water, metal, fire). For each element there is a supporting and a damping chip. Please check the literature by Mr. Baklayan.

The frequency programs of Alan Baklayan are described in his book “Sanftes Heilen mit Biofrequenzen”. I consider the three programs Detox (DTX), Bio-energetic blockages (BiBlo) and Lymphatic drainage as essential.

## Frequency chip cards by Peter Schmalzl (alphabetically):

- **Burnout (Burn)** - Masks and demasking, mucus, helicobacter, salmonella, herpes, borrelia, cerebral, small intestine, toxoplasmosis, liver, lung, spleen-pancreas, kidney-bladder, polarity, balance. In addition, use the frequency chip cards Detox (DTX), immunostimulation against parasites (ImPar) and sequence of emotions (FvE).
- **Cysts and fibroids (CYMY)** – All cyst frequencies for breast, teeth, ovary. The increased menstrual bleeding often caused by fibroids can lead to iron deficiency anemia. Here, colloidal iron would be helpful. In addition, the chip cards Sequence of emotions (FvE) and Bio-energetic blocks (BiBlo) are recommended.
- **Emotional balance (EM-A)** - This program is integrated in the device BW21 and also available separately as a chip. In addition, the chip cards Sequence of emotions (FvE) and Neurotransmitter (neuro) are recommended.
- **External Energies (FrEner)** - Fungicides, herbicides, pesticides, nemacids, brain, geopathy, electrosmog, radioactivity, absolute zero point, external energies. In addition, the chip cards Bio-energetic Blocks (BiBlo) and Sequence of Emotions (FvE) and the Golden Stream program are recommended.
- **Fatigue/Tiredness (Müd)** - Geopathy A-D, spleen, brain nerves, terrain A-H, polarity, fitness. The following chip cards are recommended additionally: Detox (DTX), Liver (L), Wellness (WELL) and the program Golden Stream. Note: Fatigue may indicate a deficiency of vitamin B12. Frequent tiredness is to be distinguished from the Chronic Fatigue Syndrome (CFS), this is to be clarified by a doctor. In this case, the frequency chip card CFS is suitable.
- **MRSA (MRS)** - The “multi-resistant Staphylococcus aureus” is also known as hospital germ, because it is often transmitted by infection in the hospital. Please use the chip card Sequence of emotions (FvE) for 5 minutes before the MRSA chip, in order to improve intracellular communication. Recommended also: Homeopathic Notakehl D5 tablets from Sanum Kehlbeck, twice a day.
- **Mucus intestine (SLM1)** - Mucus, mucus inflammation, gastroduodenitis, mykofascial, dermofascial, cell response, helicobacter, entamoeba, fascia. There are mucous bronchi or nasal sinuses; when the bowel is smeared (for example by the use of pork), one does not notice this directly. To be used e.g. in the case of mucous intestines, flatulence, irregular bowel move-



ments, malodorous urine, fungal load. Additionally, the chip cards Mucus pathogens (SLM2) and Stomach (MAG) are recommended.

- **Mucus pathogens (SLM2)** - Frequencies against mucus-producing pathogens: chlamydia, trichomonas, borrelia, yersinia, rickettsia and others. Areas of application include: borreliosis, cysts and fibroids, cancer, helicobacter, fungi, low energy level. In addition, the use of frequency chip cards Detox (DTX) and Lymphatic drainage (LY) is recommended to promote detoxification. In the case of a mucous intestine, the chip mucus (SLM-1) must also be used. In case of a mucus in the lungs the frequency chip Lung/bronchi (LU) should be used.
- **Neurotransmitters** - These are biochemical semiochemicals, who carry electrical impu from one nerve cell to another in the brain. Examples are acetylcholine, serotonin, dopamine, endorphin, adrenaline or noradrenaline. Neurotransmitters have a decisive influence on our emotional life. One of the causes of depression may be e.g. a lack of transmission of such neurotransmitters (not enough reach their destination or too many do not dock at the target and go back to the starting cell). Therefore, many anti-depressants are serotonin or norepinephrine reuptake inhibitors. Information about the chip card: brain nerves, any kind of dependencies, endorphins, serotonin. The following chip cards are recommended in addition: Detox (DTX) and Immunostimulation against parasites (ImPar). An advice: **Colloidal gold** improves the function of the neurotransmitters.
- **Pets (Haus)** for application on animals. Terrain regulation of all organs, dog's and cat's pathogens, *Dirofilaria*, *Eurytrema pancreaticum*, *Haemomonadus*, *Borrelia*, distemper, energy, stiff neck. In addition, use the frequency chip card Detox (DTX) to support the excretory organs of the animal. Peter Schmalzl also recommends the chip cards Bio-energetic Blockades (BiBlo) and Immunstimulation (IM).

Connect the wrists bands as follows: attach the wrist cuffs to the left hind paw and the right front paw, the next time to the right hind paw and the left front paw. Then alternately, so that the current can reach the whole body of the animal. Moisture the shackles well, the area over above the paw, then attach the electrode. For hygienic reasons, you should use your own wrists bands. Ensure that the animal does not run during the application. These instructions apply to any frequency application to animals.

By regular zapping with the 3x7-minute program and giving parasite herbs - about twice a year for a week each - you can skip the chemical deworming of the animal. Additionally homoeopathic: *helone glabra* (C30). Every 3 months for 1 month once a week 5 globuli in the animal's mouth.

- **Wellness (Well)** 22 frequencies for the physical and mental well-being.  
“Liberation from old patterns”

## About the application of the frequency chip cards

In general, use one long frequency chip card per day (40-70 minutes) and, if indicated, a short frequency program. The guideline is “zap for a maximum of 60-90 minutes per day”. If you want to apply several different frequency chip cards: use the first on the first day, the second on the second day (and so on). Zap the 3x7-minute program by Hulda Clark once or twice a week - and leave off the long frequency chip card on this day.

Older and weakened people should zap less or take breaks on a daily basis. Healing does not happen overnight. Take your time!

The chip cards **Teeth 1 (ZÄ1)**, **Lung/Bronchi (LU)** and **Bacteria (BAK)** contain the most important bacteria frequencies.

Against viruses there are the chip cards **Viruses (VI)**, **Flu (GRI)**, **Herpes (HE)**, **Hepatitis C (HepC)** and **Papillomavirus (HPV)**. The chip card **FLU** contains more frequencies than the Zapper-integrated program **GR** and should therefore necessarily be applied additionally. The **Epstein-Barr virus (EBV)** is increasingly responsible for a variety of diffuse symptoms and therefore can often be tested and used.

Against fungi there are the same-named chip card (**PI**) as well as the chip cards **Candida (CAN)** and **Aspergillus (ASP)**.

There are some frequency chip cards you should always use: The chip card **De-tox (DTX)** strengthens the excretory organs like intestine (bowel), kidney, liver and lymph. The lymphatic system is very important and is still underestimated in today's medicine; that's why the special chip card **Lymph drainage (LY)** was developed, which boosts the “waste collection” of the body (see book “Gentle Therapy with Frequency Technology”).

There are also three chip cards to boost the immune system: **Immune (IM)**, **Immunostimulation against viruses (ImVir)** and **Immunostimulation against parasites (ImPar)**. The chip card **Bioenergetic Blockades (BiBlo)** eliminates typical therapy blockages such as lateral disorders, terrestrial radiation, electrosmog or interference fields by scars.

Please note that zapping may increase the blood pressure.

## General information on frequency therapy

To eliminate **pathogens** with frequencies you should follow the rule: Set the output voltage or current as high as possible. You increase it until you feel the current, then go down again 1-3 volts. If you tolerate it well you may also zap with the maximum of 16 volts.

In contrast, if you use chip cards with **supporting frequencies** they should be zapped with a current as low as possible – 1 volt or less. Examples: chip cards De-tox (DTX), Bioenergetic Blockages (BiBlo) and Post-Traumatic Healing (PTH).

Some chip cards contain both pathogen killing and supporting frequencies. The frequencies used by Hulda Clark are all killing frequencies. Rife's frequencies differentiate – some are killing, some are supporting. In order to optimize the frequency therapy you may choose your preferred output or current.

Another physical rule is: the lower the frequency, the more you feel the current. Most of our frequency chip cards start with low frequencies and then gradually increase up to the higher Clark-frequencies. You can adjust increasing the output. Personal adjustments can be made step-by-step.

Take off all metallic jewelry and watches in order not to disturb the effect of the therapy.

The standard application is done with wrist cuffs. Alternatively, you can zap specific regions of the body. The rule is that the current always flows between the two electrodes.

To treat the entire torso, zap "crosswise": Put the electrodes on the right wrist and left pastern; and when you repeat this program, e.g. the other day, you apply vice versa: left wrist and right pastern. If your complaints are one-sided (left or right side of the body), zap on this side - for example right hand and right foot.

To zap the upper body, put two long cuffs (100 or 140 cm) around the lower abdomen and chest. If your discomfort is in the lower abdomen, put two 80 cm long cuffs around both thighs. If the discomfort is in the legs, use the contact slippers.

It has been proved effective for zapping that men connect the (red) plus pole on the right half of the body and women the plus pole at the left half of the body.

The adhesive electrodes provide another option for local zapping in specific regions of pain. Place the adhesive electrodes on the left and right of the pain area or the red electrode above it and the blue electrode besides. With the adhesive electrodes you can also apply the frequency chip cards and the TENS programs to relieve pains short-term ("electronic painkiller").

If the discomfort or pain is in the throat or head, put the wrist cuff on the left wrist and an adhesive electrode on the right temple. Vice versa next time. Often the question arises whether one can also zap on the head. Consider the following: Basically you should be careful zapping the head directly - except when using the Zappicator for dental- and jaw interference fields (see chapter “The Zappicator” on page 119)

For pets, attach the wrist cuffs as follows: First treatment on the left hind paw and the right forepaw, next treatment on the right hind paw and the left front paw. And so always by turns, so that the current can reach the whole body of the animal.

Make the area above the paw really wet and then put on the cuff. You should use a separate pair of cuffs for the animal for hygienic reasons. Take care that the animal doesn't run around during the application. These hints apply to any frequency therapy with animals.

### **About the 3 x 7-minute program by Dr. Hulda Clark:**

In the first 7 minutes, the big parasites and flukes are killed or weakened. The killed parasites, however, set free viruses and bacteria. These are treated with the second 7 minutes. Since bacteria can also be infected by viruses, therefore the third round is required. The two 20 minute breaks are needed to regulate the body. Do not interrupt this procedure, otherwise there is the risk of a cold.

Speaking of cold: I particularly recommend the 3 x 7-minute program, if a flu or cold is approaching. Use it daily and ensure good digestion afterwards to support the elimination and excretion of the pathogens (preferably with an enema). Drink elderflower and linden flower tea mixed. In particular I urge you to take colloidal silver and vitamin C.

In case of blood pressure instability check your blood pressure before and after zapping. If the blood pressure is instable, take a break from zapping. For hypertension, I generally recommend a kidney cleanse with kidney herb tincture. And the frequency chip card **Blood Pressure Brake (BB)** for essentially elevated blood pressure which is not related to any organic damage of the heart, blood vessels or kidneys.

While using the zapper the blood pressure may rise due to a detoxification process during the following hours. Please be sure to measure your blood pressure 2-3 times a day. Consult your physician.

According to Dr. Clark, the zapper current doesn't enter the bowel, and thus doesn't capture the pathogens located in the bowel. This is also the reason why the beneficial digestive bacteria inside the bowel are not affected by zapping.

Therefore, it is necessary to take Clark's **parasite herbs** when zapping - black walnut, wormwood and cloves.

**How long should you use the zapper?** This is difficult to say sweepingly for all people, because everybody reacts differently and the diseases are very different. A relatively healthy, young or uncontaminated body can detoxify faster.

And: a longstanding disease also needs a longer time to be cured (for example: Lyme disease). In general, apply the frequencies 4-6 weeks daily and then take a break. During the break zap the 3 x 7-minute program once or twice per week.

**Zap during the day before twilight.** Dr. Clark found out that the organs are not sufficiently detoxified afterwards. Do not zap at full moon and on the two days before and after.

Consult a **doctor or health practitioner** in your area and design an overall therapy plan with him/her. This plan should begin with a test diagnosis to ensure which parasites, environmental toxins, viruses or bacteria are responsible for the disorder or illness and where these sit in the body.

Various bio-energetic test methods are suitable, i.e. EAV (electro acupuncture according to Dr. Voll), VEGA test, kinesiology, RAC, etc.)

With the test results you design your therapy plan including cleanse of intestines (bowel), kidney and liver, as well as dental restoration. The therapy plan should also include detoxification of heavy metals, possibly hereditary diseases and therapy of interference fields (teeth, scars).

If there is no acute illness and you want to cleanse your body in general, an intestinal cleansing is recommended before starting the Clark therapy. This can be an enema or colon-hydro therapy.

After the parasite cleanse (3 parasite herbs and zapping) kidney and liver cleansing should be performed according to Dr. Clark. If the kidney function is not perfect, you should start with the kidney cleanse.

## The Diamond Shield Zapper IE

Every day we are exposed to thousands of external sickening effects, which constantly weaken our vitality and health. The Diamond Shield Zapper is perfect to counteract this burden!

A **Zapper** is a handy device that conducts low electric currents in specific frequencies through two electrodes into the body for improved physical well-being and relaxation.

Thanks to the researchers like **Dr. Hulda Clark** and **Dr. Rife** and the intensive work with frequency applications by **naturopath Alan E. Baklayan** the zapper has undergone a major change. He developed the **Diamond Shield Zapper IE** with micro currents and EMS (electromagnetic stimulation) with elaborate feel-good programs based on the knowledge of Dr. Clark, Dr. Rife, Dr. Beck and naturopath Alan E. Baklayan.

The Diamond Shield Zapper not only improves the previous possibilities of the Zapper but also brings along completely new forms of applications.

### What is the basic idea behind the Diamond Shield Zapper IE?

We are bombarded daily with sickening influences, such as industrial toxins, air pollution, environmental pollution or just by the hustle and bustle of everyday life - stress, information overload, burdens and much more.

Naturopath Alan Baklayan has found a solution by the development of the Diamond Shield Zappers that benefits the health of all people. The goal is, among other things, to fulfill two important principles: **regular discharge and a healthy shield**.

#### 1. Regular discharge

A charge is any unprocessed, undigested burden or information on physical, psychological (and other) levels. Every environmental toxin, air pollution, stress factor and any oversteering of the body by the hustle and bustle of today, which can't be processed, produces charges (Overstress). If you are angry with someone and are tense (loaded), it is also deposited in the tissue until it is processed. We have an urgent need to find a way to discharge ourselves again, if we want to keep our health in balance.

#### 2. A functioning diamond shield (Diamond Shield)

Our body has a finely woven network that has the job to protect us against external influences - the energetic **system of the meridians**. However, this system weakens over time because of the oversteering and thus the above charges may

arise. In addition to discharging we have to find a way to permanently regenerate and strengthen our important shield, our “Armour”.

### **What is the connection between these two principles?**

Each meridian transports and regulates all charges of the organ of whose energetic representative and functional circle it is. To keep this function going, even under heavy pressure, we must succeed on a daily basis, to give our meridian system the needed impulse through its own vibrational system and discharge it at the same time. But where to? Into the earth (grounding)! As simple as that.

All we have to do is let our meridians swing in their own frequency – instead the Diamond Shield doing it. This will release all the charges in the body and gets rid of them – by impulse – and while we ground ourselves, we can discharge them.

### **What else can the Diamond Shield Zapper IE do?**

The Zapper has 17 integrated well-being frequency programs developed by Dr. Clark, Dr. Rife, Dr. Beck and Baklayan. Many more are available with chip cards. It also offers a whole range of new technical features:

#### **Harmonic vibration application according to Baklayan**

After 15 years of research in the field of frequency applications Baklayan discovered in 2010 that the body’s energy system and its functions matches exactly with Pythagorean’s harmonical laws. Pythagora’s hypothesis is: “Number is the within of all things”.

The body and its meridian system, as well as its chakras, is constructed exactly as any known musical instrument - mathematically accurate and harmoniously beautiful. This also includes the emotional, psychosomatic and mental structures.

#### **Wobbling**

Wobbling is a technical term and means that a range of frequency travels back and forth within a certain time period.

Many users not only want to use individual frequencies, but also want the possibility to cover whole areas. Especially by applying Clark-Frequencies it is favorable to cover a whole frequency range. Last not least, the harmonic oscillation application according to Baklayan captures entire levels and meridians and therefore it is imperative that the zapper can do that as well.

#### **Constant Current Regulation**

The number of volts strongly depends on the skin resistance, i.e. on the individual humidity and conductivity of each person and on the moisture of the electrodes. But after a few minutes the electrodes and hands became mostly dry,



or on the contrary, one starts to sweat. To compensate this significant difference the Diamond Shield Zapper sets the current flow in Ampère, instead in Volts.

### **Micro currents**

Micro currents are voltages that are far below one volt. So far, the lowest voltage value for Zappers has been 1 Volt (more accurate measurements in the measuring laboratory showed that the lowest value was 1.3 volts, despite 1 Volt on the display) - way too high. The new Diamond Shield Zapper IE has been designed to be adjustable - down to 0.1 Volts.

### **Modulation**

The effectiveness can be enormously increased if the Zapper can modulate all frequencies i.e. to operate with a second Frequency.

The effectiveness of the previous Zapper has been limited due to the well-known phenomenon that the current always flows on the surface and takes the shortest route. Therefore Zapper applications did not have the expected effect even though correctly applied, using the right frequencies.

Only with the introduction of a technical innovation, the so-called modulation, we can circumvent this problem by modulating the frequencies.

## BEMER therapy

I am familiar with the BEMER Therapy since 4 years and I can confirm the following: The activation of the micro circulation with this technique is a fundamental method to improve our health and remain healthy. It supports the detoxification and therefore acts as a prophylaxis. One feels much better altogether.

I will try to explain this principle as easy as possible without going into full detail. The special BEMER frequency signal, that has been perfected during the last years, stimulates the so-called vessel's vasomotion. It is like a slow pumping motion of our finest blood vessels (arterioles and venules). This vasomotion supports the work of our heart.

If the pressure in the vessels is not strong enough then our red blood cells (which transport the oxygen) will not fit through the very narrow capillary tubes.

In case that the vasomotion is too slow – this happens in age and with sick people – the capillaries will not be provided with enough oxygen and nutrients. Moreover, the cells cannot effectively excrete carbon dioxide and waste products from the cell metabolism.

This causes a gradual poisoning and may result in illness. Illness often does not become apparent until long after infection. Due to lack of oxygen the cells become weaker and are unable to oppose the illness appropriately.

Note: „Liquid Oxygen“ has proven to be effective in case of oxygen deficiency.

### Microcirculation

A good microcirculation signifies that the cells are provided with enough oxygen and nutrients, and therefore have more energy. Medicines, food supplements, vitamins, minerals, trace elements etc. can be absorbed more effectively. Furthermore, waste products of the cell metabolism will be redirected into the blood stream instead of being stored in the connective tissue.

If we consider that the microcirculation makes up 75% of our vessel system (each one of us has vessels in a length of ca. 100.000 km in his body), then we understand why it is so important to support the microcirculation.

The good news is: anyone can do the BEMER therapy at home. It can easily be applied twice a day – in the morning and evening, each session 8 minutes. The effect lasts approx. 12 hours and shows an improvement of the microcirculation up to 30%. The circulation of the brain is also effected: better thinking, more concentration and power of remembering - the thinking process improves. Comparing it with Ginkgo biloba, Ginkgo only shows an improvement of 3-4 %. This means: the BEMER improvement of 30% is a lot!

This effect can also be seen in YouTube videos under the heading “vasomotion in capillaries”. This visualization shows the proof of concept. Thus, the BEMER frequency signal could be improved continuously.

## **Basis of health and well-being**

This therapy has further advantages proven by studies:

- improvement of the immune system
- more energy and exercise capacity
- quicker recuperation after physical or emotional stress
- improvement of blood lipid levels
- quicker healing process after injury or bone fractures

Injuries heal quicker by using a stronger signal on specific area (local application). The results are striking and can be read in hundreds of experiences and field reports! Also a light therapy modus is integrated in BEMER to treat all kinds of skin diseases, e.g. eczemas. One may also activate the sleeping program that runs during the night to improve the sleeping quality.

There is only one contraindication: if someone takes immunosuppressive drugs, e.g. after an organ transplantation. Apart from that, everybody can use BEMER. Children are more immune against diseases caught in kindergardens and schools. Even animals love it. They intuitively lay down on the BEMER mat. The effect on animals is the same.

## Minerals and trace elements in colloidal form

The most important body fluids such as blood and lymph are all colloids. This is the reason why our body absorbs all minerals and trace elements so easily when they are in a colloidal form. The same applies to the excretion of the particles. Our body can absorb the colloids so slightly because no effort is needed to metabolize the elements - passing through the intestines into the bloodstream. These elements are absorbed through the oral mucosa.

„Colloid“ is a physico-chemical term for the suspension of microscopically small particles (e.g. silver) in a dispersion medium (e.g. distilled water). The term „suspension“ means the dissolving of solid materials in liquid substances, whereby the particles are finely dispersed in the liquid. A colloid consists of atoms of the used element as well as ions (loaded particles). Ions remain in a suspended state since they repel each other.

It has long been known that colloidal silver can be taken as a substitute for antibiotics and has no side-effects. It may be applied internally or externally in many variations with astonishing effects. By the way: with the help of a silver-generator you can simply produce your own colloidal silver.

However, not all colloids can be produced with a silver-generator. The reason: each element dissolves differently in the process of electrolysis. For instance, gold particles dissolve 1000 times harder from its metal grid than silver particles. In other words, when we produce colloidal gold with a silver-generator it will have a concentration 1000 times weaker (ppb – parts per billion) than the silver (ppm – parts per million).

This weak dose has no therapeutic effect. Only colloidal silver, in an effective concentration, can be produced with a silver-generator – no other colloids!

Due to a modern laboratory technique (proton resonance) it is now possible to produce colloidal particles in a small size which has never been reached before. Thanks to this new technique, the trace element or mineral results extremely pure (99,9999%) and is diminished to a nano size of approx. 8-30 atoms in distilled water (only visible through an electro-microscope).

Therefore

- it achieves maximal effectiveness (the smaller the particle, the larger the total inner surface)
- the particles may reach all parts of the body
- the particles can be excreted optimally by the body

Furthermore, this new method allows the production of very high concentrations (more than 40ppm).

Many nutrients are in competition with each other to reach the blood through the intestines. For instance, zinc and iron need the same protein carrier to be transported from the intestine into the blood stream. They are in competition with each other.

In contradiction, trace elements or minerals in a colloidal form are absorbed through the oral mucosa. Therefore, they are much more effective than pills.

I recommend the following minerals and trace elements in colloidal form: silver, gold, silicium, germanium, calcium, magnesium, potassium, sulphur, manganese, cobalt, lithium, molybdenum, nickel, selenium, platin, tantalum, vandadium, tin, bismuth and boron.

In the descriptions of the frequency chip cards I give explicit recommendations for supportive additional application of colloids.

## Infrared mineral lamp

In accordance to the Traditional Chinese Medicine (TCM), a special infrared lamp has been developed. This is more than normal infrared therapy with red light: it is a special long-waved infrared radiation allowing deeper penetration into the tissue.

The specialty is that the heat is radiated from an earthenware slab which is covered with a specific mixture of minerals and trace elements. This mixture is a product of longstanding researches in China. It is an exact replica of the minerals and trace elements found in our body.

The infrared radiation activates the self-healing processes in the body. It is so to speak „reminded“ of its healthy state.

Furthermore, the infrared deep heat is soothing and relaxing. When using the lamp do not wear any clothes or metals on the body part you are treating. The recommended application duration is 7 days and then 3 days pause. You can treat different parts of the body on one day.

The infrared Mineral Lamp is indicated for treating many different diseases, i.e. tenseness in the back, stomach symptoms or menstrual pain.

The Acupuncture meridian system may be integrated. Over hundreds of years TCM has been using heat to support the effect of positioned acupuncture needles. This is called „Moxibustion“.

The Lamp balances the inequality of Yin and Yang, somewhat similar to an acupuncture treatment. The lamp can be used professionally as well as at home for personal use because it is so easy to handle.

## The Zappicator

Parasites and other pathogens can implant themselves again and again, when our body is weakened by pollution. These can be taken up continuously over breathing, drinking water, foods, cosmetics, clothing, etc. We live in a polluted world, in which man widely spreads thousands of unnatural, in chemical laboratory produced substances, without hesitation. Some people respond more sensitive than others. They suffer from allergies, food intolerances, ...ending in MCS, the multiple chemical sensitivity. It has already been so widely spread that a German society was founded to investigate this problem.

Dr. Hulda Clark came up with a brilliant, simple solution: The Zappicator. A Zapper with 1000 Hz, which frees food, drinking water, clothing, cosmetics, dietary supplements, toys, etc. of pathogens and many environmental toxins. You simply place the product to be cleaned on the Zappicator, switch it on and wait 20 minutes – done.

The following pathogens and environmental toxins are eliminated:

- Parasite eggs and stages
- Bacteria
- Viruses
- Molds
- Allergens
- Prions
- PCB
- Benzene
- Asbestos
- Azo dyes
- Arsenic
- Food phenols
- Phloridzin, the chemical that attacks the pituitary gland
- Chloric acid that attacks the hypothalamus
- Phenol and Apiol that attack the thymus
- D-phenylalanine, a chemical which is typical for malignant melanoma
- D-mannitol, an abnormal sugar molecule that can clog the lungs

Vitamins and organically bound minerals are preserved.

### How does the Zappicator work?

A zapper connected to a speaker carries the electrical impulses to the magnet, which vibrates the paper funnel of the loudspeaker. The paper funnel transmutes the air into the same frequency. We could hear that, if electrical pulses would be in the frequency range appropriate to our ear, between 20 and 20,000 hertz (oscillations per second). If we connect a normal Clark zapper to a speaker, there is no sound, because the Zapper generates a frequency of about 30,000 Hertz.

Dr. Clark thought: if one could find the right frequency, one could vibrate and maybe even destroy a certain molecule, without damaging the neighboring molecules - like a passing train shakes the dishes in the cupboard, but not the cupboard itself. Her experiments showed that the incoming vibration has to be electrically positive and the ring magnet in the loudspeaker has to generate a north pole magnetic field to have the described effect.

She explains the effect of the Zappicator with the example of benzene: “Indeed phenol appeared after benzene disappeared. After that, methanol appeared suggesting that phenol was split in half. After longer treatment with the Zappicator the methyl alcohol also disappeared, where as formaldehyde was formed, which in turn was further degraded to formic acid. ... The phenomenon disappeared when electricity flowed through the speaker! Only the connection with a cable worked, from the positive pole of the Zapper to the positive pole of the speaker. When the negative pole was also used the remarkable chemical reaction did not occur. The speaker must act like an antenna, suggesting that resonance plays a role in seeking and destroying ‘bad molecules’.” (Dr. Hulda R. Clark: *The Cure for HIV and AIDS*, p. 519 f.)

Dr. Clark experimented with other frequencies in the hope of finding one which can not only destroy bacteria and viruses, but also “bad molecules” such as phenols in foods. 1000 Hertz seemed to work good. So the Zappicator is a zapper that generates 1000 Hz - connected to a plate with built-in speakers.

### **What else can the Zappicator do?**

Plastic dentures can be hardened so that they don't release harmful substances into the saliva anymore. Water in a water jug placed on a Zappicator, becomes north-polarized, north pole above, south pole below.

This is because water is dimagnetic. It takes on the same polarity which the nearby magnetic field has. The north polarization has a positive effect on the immune system (see literature by Dr. Hulda Clark).

### **Zapping teeth**

Bacterial foci in the jaw are also called “interference fields”, namely for two reasons:



First, the bacteria from the jaw can spread in the whole body. Staphylococcus aureus can reach the heart and cause problems there. Streptococci in the presence of benzene produce ache in the body. So a jaw interference field, i.e. can cause discomfort in the knee, in the foot, in the back, etc. Note: Vitamin B2 neutralizes benzene and prevents this effect.

Second, there is an energetic relationship system between the teeth/jaw areas and all parts of the body. The jaw is - as well as the ear, hands or feet - a picture of the body. The relationships between dental foci and physical ailments have been thoroughly researched and presented in various tables, which are also available on the internet. For example, under the heading "Relationship between odontons and organs".

There are - in addition to bacterial foci - also scar foci. These can be treated with neural therapy.

It plays no role in interference fields, whether a tooth is still in the mouth or already pulled - the foci sit deeper. You cannot detect and localize reliably by x-ray, but only with bio-energetic testing methods such as the electro-acupuncture method according to Dr.Voll (EAV), the RAC pulse-load method or kinesiological.

So far, there was the so-called "dental probe" for the zapping of the teeth. However several therapists have experienced that this is no longer sufficient for a successful removal of jaw foci. A stronger magnetic field is needed, which only the Zappicator offers.

The Zappicator-Box is held against the cheek (on molars) or on the outside of the mouth (with incisors). At about the height of the area where the bacterial foci are inside the mouth, the circular holes of the box should be placed on the outside.

This has another advantage: Many patients did not always find exactly the tooth that should be treated with the dental probe. Especially if teeth already were missing. Such "empty spaces" made it difficult to correctly allocate the tested interference fields.

The zappicator box covers a larger area so that you can't really miss the right spot. After all, the patient benefits from that. He doesn't need to purchase two devices (the dental probe for zapping the teeth and the Zappicator for cleaning the food), but only the Zappicator.

If you still have amalgam fillings in the mouth, you may not apply the Zappicator under no circumstances. This would release much too much heavy metal, which the body cannot excrete. First, remove all amalgam fillings. Let this only be done by a dentist who has a suction system and works with rubber dam (which is a foil that is put around the tooth).

Despite careful removal of the amalgam sometimes leftovers remain in the jaw, which may show up by a bluish discoloration of jaw spot. Even under gold or ceramic fillings, dentists discover remains of amalgam again and again.

The zappicator can also be used to harden plastic in the mouth and no longer mingles substances with the saliva. For this purpose the zappicator box must be placed outside on the jaw on the spot where plastic is in the jaw.

There are no side effects, but be aware what happens: All metals and all the plastic is taken up by the white blood cells and brought to the kidneys for excretion. When using the Zappicator on the jaw I recommend **colloidal germanium and selenium** as a support as well as good, buffered vitamin C, two grams daily.



